

Dancin' Thing

拍數: 32 牆數: 2 級數: Beginner
編舞者: Karen Hedges (USA) & Joanne Brady (USA)
音樂: Dancing Queen - Scooter Lee



CROSS, RECOVER, CHASSE RIGHT (RIGHT-LEFT-RIGHT)

1-2 Cross step right over left, recover left
3&4 Step side right, bring left to meet, step side right

CROSS, RECOVER, CHASSE LEFT (LEFT-RIGHT-LEFT)

5-6 Cross step left over right, recover right
7&8 Step side left, bring right to meet, step side left

WALK, WALK, FORWARD TRIPLE (RIGHT-LEFT-RIGHT)

9-10 Step forward right, step forward left
11&12 Step forward right, bring left to meet, step forward right

Alternative step for more advanced dancers

9-10 Step forward right, lock step left behind right
11&12 Step forward right, lock left behind right, step forward right

STEP, PIVOT, TRIPLE

13-14 Step forward left, ½ turn right shift weight to right
15&16 Step forward left, bring right to meet, step forward left

SIDE ROCK, RECOVER, CROSSING TRIPLE

17-18 Step side right, recover left
19&20 Cross right over left, bring left to meet, cross right over left

SIDE ROCK, RECOVER, CROSSING TRIPLE

21-22 Step side left, recover right
23&24 Cross left over right, bring right to meet, cross left over right

FORWARD ROCK, RECOVER, COASTER

25-26 Step right forward, recover left
27&28 Step back right, bring left to meet, step forward right

FORWARD ROCK, RECOVER, COASTER

29-30 Step left forward, recover right
31&32 Step back left, bring right to meet, step forward left

Alternative move for more advanced dancers

29-30 Rock, recover
31&32 Full right turning triple or full left turning triple

REPEAT
