

Dancing Shoes

拍數: 48 牆數: 4 級數:
編舞者: Debbie Scrimsher (USA)
音樂: Dancin' Shoes - Ronnie McDowell



SHUFFLE-BALL-CHANGE

- &1 Brush right foot forward, brush right foot back through
- &2 Step slightly back on ball of right & take weight off left, step back down on left foot
- &3 Brush right foot forward, brush right foot back through
- &4 Step slightly back on ball of right & take weight off left, step back down on left foot

MONTEREY TURN

- 5 Touch right foot to right side,
- 6 Slide right to left foot while turning ½ right, ending with weight on right foot
- 7-8 Touch left foot to left side, step left foot next to right foot

SHUFFLE-BALL-CHANGE, MONTEREY TURN

- &1-8 Repeat the previous 8 counts

TOE POINT TOUCH-BALL-CHANGE

- 1-2 With right knee bent & toe pointing straight down touch right forward, step down on right foot
- 3-4 With left knee bent & toe pointing straight down touch left forward, step down on left forward
- 5&6 Point right toe down & forward as in step 1, step slight back on ball of right foot, lifting left slightly, step back onto left foot
- 7&8 Point right toe down & forward as in step 1, step slightly back on ball of right foot, lifting left slightly, step back onto left foot

TOE POINT TOUCH-BALL-CHANGE

- 1-2 With right knee bent & toe pointing straight down touch right forward, step down on right foot
- 3-4 With left knee bent & toe pointing straight down touch left forward, step down on left forward
- 5&6 Point right toe down & forward as in step 1, step slightly back on ball of right foot, lifting left slightly, step back onto left foot
- 7&8 Point right toe down & forward as in step 1, step slightly back on ball of right foot, lifting left slightly, step back onto left foot

2 TURN STEP PIVOT, SHUFFLE, SPIN, SHUFFLE

- 1-2 Step forward on right foot, pivot ½ turn left, ending with weight on left foot
- 3&4 Right shuffle forward (right, left, right)
- 5&6 Full turn to the right
- 7&8 Left shuffle forward (left, right, left)

¼ TURN STEP PIVOT, RANCH ROMP, DWIGHT SWIVELS

- 1-2 Step forward on right foot, pivot ¼ turn to left, ending with weight on left foot
- 3& Touch right heel forward at 45 degree angle to right, step right home but slightly to right of left
- 4& Touch left toe next to right foot, step on left foot slightly to the left
- 5-6 Touch right heel forward at 45 degree angle to the right, turn right knee in, touch right toe next to left foot as you swivel left heel in
- 7-8 Touch right heel out again at 45 degree angle to right as you swivel left toe in, touch right next to left as you straighten left foot to face front

REPEAT

