

Dancin' Mood

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Jo Kinser (UK)
音樂: I'm In The Mood For Love (feat. Jamiroquai) - Jools Holland



Sequence: AB, AAA, CB, A to the end

SECTION A

STEP, ½ TURN, TRIPLE ½ TURN, ROCK RECOVER, TRIPLE ½ TURN

- 1-2 Step forward right, pivot ½ turn right
- 3&4 Step right foot a ¼ turn right, step left together, step right foot a ¼ turn right
- 5-6 Rock forward on the left foot, replace weight back right
- 7&8 Step left foot a ¼ turn left, step right together, step left foot a ¼ turn left (clap hands 3 times)

SWEEP ¾ TURN, STOMP IN PLACE, TOUCH AND TOUCH AND STEP AND TOUCH

- 1-2 Sweep the right foot ¾ turn left
- 3-4 Stomp right foot in place, stomp left foot in place
- 5&6 Touch right foot forward, step back on the right foot (3rd position), touch left foot forward
- &7&8 Step left back in place, touch right foot next to left, step back on the right foot (3rd position), touch left foot forward

STEP ½, TOUCH RIGHT CROSS IN-FRONT, TOUCH LEFT CROSS IN-FRONT, TOUCH RIGHT CROSS BEHIND

- &1-2 Step left back in place, step forward right, pivot ½ left
- 3-4 Touch right foot out to right side, cross right foot over in front of left (5th position) click finger on count 4
- 5-6 Touch left foot out to left side, cross left foot over in front of right (5th position) click finger on count 6
- 7-8 Touch right foot out to right side, cross right behind left foot (5th position) click finger on count 8

TOUCH LEFT CROSS BEHIND, MONTEREY TURN ½ RIGHT, TOUCH LEFT, REPLACE, SWING HIPS RIGHT, LEFT

- 1-2 Touch left foot out to left side, cross left behind right foot (5th position) click finger on count 2
- 3-4 Touch right foot out to right side, pivot ½ turn over right shoulder (weight right)
- 5-6 Touch left foot out to left side, bring left foot back in place (weight left - feet shoulder width apart)
- 7-8 Swing hips and hands palms down to right, swing hips and hands palms down to left (weight left) or body roll

SECTION B

STEP, ½ TURN, TRIPLE ½ TURN, ROCK RECOVER, TRIPLE ½ TURN

- 1-2 Step forward right, pivot ½ turn right
- 3&4 Step right foot a ¼ turn right, step left together, step right foot a ¼ turn right
- 5-6 Rock forward on the left foot, recover back on the right
- 7&8 Step left foot a ¼ turn left, step right together, step left foot a ¼ turn left (clap hands 3 times)

SWEEP ¾ TURN, STOMP IN PLACE, TOUCH AND TOUCH AND STEP AND TOUCH

- 1-2 Sweep the right foot ¾ turn left
- 3-4 Stomp right foot in place, stomp left foot in place
- 5&6 Touch right foot forward, step back on the right foot (3rd position), touch left foot forward
- &7&8 Step left back in place, touch right foot next to left, step back on the right foot (3rd position), touch left foot forward

STEP ½, TOUCH RIGHT CROSS IN-FRONT, TOUCH LEFT CROSS IN-FRONT, STEP RIGHT PIVOT ½ LEFT

- &1-2 Step left back in place, step forward right, pivot ½ left
3-4 Touch right foot out to right side, cross right foot over in front of left (5th position) click finger on count 4
5-6 Touch left foot out to left side, cross left foot over in front of right (5th position) click finger on count 6
7-8 Step forward on the right foot, pivot ½ left

SECTION C

SYNCOPATED STEPS TURNING FULL TURN RIGHT, REPEAT LEFT

- 1& Step right forward starting to turn right, step ball of left behind right
2& Step right forward continuing to turn right, step ball of left behind right
3& Step right forward continuing to turn right, step ball of left behind right
4 Step forward on right (you have completed full turn)
&5&6 Step left diagonally back, touch right heel diagonally right, step right in place, cross step left over right
&7&8 Step right diagonally back, touch left heel diagonally left, step left in place, step left slightly forward (extended 5th)
1-8 Repeat left
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