

Dancing In The Streets

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jo Thompson Szymanski (USA)
音樂: Dancin' In the Streets - Scooter Lee



HIP BUMPS RIGHT, HIP BUMPS LEFT, DOUBLE ROCK AND TWIST

- 1&2 Place right foot forward bump hips right, hips center, bump hips right shifting weight on to right foot
- 3&4 Place left foot forward bump hips left, hips center, bump hips left shifting weight on to left foot
- 5& Rock forward with right foot, replace weight back to left foot
- 6& Rock back with right foot, replace weight forward to left foot
- 7 Place right foot forward
- &8 With weight on balls of both feet, twist both heels to right side, heel center

BIG STEP BACK, DRAG/TOUCH, TURNING HEEL JACKS, SYNCOPATED JUMP, KNEE POP

- 1-2 Big step back with right foot, allowing left foot to drag in, touch ball of left beside right
- &3 Turn ½ right on ball of right foot, step back onto left foot, touch right heel forward
- &4 Step right foot centered under body, touch ball of left beside right
- &5 Turn ½ right on ball of right foot, step back onto left foot, touch right heel forward
- &6 Step right foot centered under body, touch ball of left beside right
- &7 Step forward with left foot, step together with right foot
- &8 With weight on balls of both feet, lift both heels up, bending both knees, lower heels, straighten legs

STEP RIGHT, HIP BUMP LEFT, STEP LEFT, HIP BUMP RIGHT, CHASSE RIGHT

- 1 Step right foot to right side (optional styling: lift both hands up just above shoulders).
- 2 Turning upper body slightly left, touch left foot to left side, bump hips to left (optional styling: snap/click both hands down as if pushing hips through hands).
- 3 Step left foot to left side (optional styling: lift both hands up just above shoulders).
- 4 Turning upper body slightly right, touch right foot to right side, bump hips to right (optional styling: snap/click both hands down as if pushing hips through hands).
- 5& Keep upper body angled to right for counts 5-8: step right foot to right side, step together with left foot
- 6& Step right foot to right side, step together with left foot
- 7& Step right foot to right side, step together with left foot
- 8 Step right foot to right side

Hip, rib, body movement is encouraged on the chasse

STEP LEFT, TOUCH RIGHT, STEP RIGHT, TOUCH LEFT, PADDLE TURN 1 ¼ LEFT

- 1-2 Returning upper body to center, step left foot to left side, touch ball of right beside left
- 3-4 Step right foot to right side, touch ball of left beside right
- On the above 4 counts, try doing body roll/snake roll/knee rolls, etc.**
- 5 Turn ¼ left, step forward onto left foot.
- &6 Rock back/slightly to right side on ball of right foot, turning 1/3 left (&), step left foot in place
- &7 Rock back/slightly to right side on ball of right foot, turning 1/3 left (&), step left foot in place
- &8 Rock back/slightly to right side on ball of right foot, turning 1/3 left (&), step left foot in place

Optional arm styling: raise both hands up just above shoulder level during the paddle turn.

Variation: for fun, try doing a double paddle turn for a total of 2 ¼ turns.

You should now be facing the left side wall to start again.

REPEAT

