Dancing In The Streets



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Jo Thompson Szymanski (USA) 音樂: Dancin' In the Streets - Scooter Lee



HIP BUMPS RIGHT, HIP BUMPS LEFT, DOUBLE ROCK AND TWIST

1&2	Place right foot forward bump hips right, hips center, bump hips right shifting weight on to right foot
3&4	Place left foot forward bump hips left, hips center, bump hips left shifting weight on to left foot
5&	Rock forward with right foot, replace weight back to left foot
6&	Rock back with right foot, replace weight forward to left foot
7	Place right foot forward
&8	With weight on balls of both feet, twist both heels to right side, heel center

BIG STEP BACK, DRAG/TOUCH, TURNING HEEL JACKS, SYNCOPATED JUMP, KNEE POP

1-2	Big step back with right foot, allowing left foot to drag in, touch ball of left beside right
&3	Turn ½ right on ball of right foot, step back onto left foot, touch right heel forward
&4	Step right foot centered under body, touch ball of left beside right
&5	Turn ½ right on ball of right foot, step back onto left foot, touch right heel forward
&6	Step right foot centered under body, touch ball of left beside right
&7	Step forward with left foot, step together with right foot
88	With weight on balls of both feet, lift both heels up, bending both knees, lower heels, straighten legs

STEP RIGHT, HIP BUMP LEFT, STEP LEFT, HIP BUMP RIGHT, CHASSE RIGHT

1	Step right foot to right side (optional styling: lift both hands up just above shoulders).
2	Turning upper body slightly left, touch left foot to left side, bump hips to left (optional styling: snap/click both hands down as if pushing hips through hands).
3	Step left foot to left side (optional styling: lift both hands up just above shoulders).
4	Turning upper body slightly right, touch right foot to right side, bump hips to right (optional styling: snap/click both hands down as if pushing hips through hands).
5&	Keep upper body angled to right for counts 5-8: step right foot to right side, step together with left foot
6&	Step right foot to right side, step together with left foot
7&	Step right foot to right side, step together with left foot
8	Step right foot to right side
Hip rib I	hody movement is encouraged on the chasse

Hip, rib, body movement is encouraged on the chasse

STEP LEFT, TOUCH RIGHT, STEP RIGHT, TOUCH LEFT, PADDLE TURN 1 1/4 LEFT

1-2	Returning upper body to center, step left foot to left side, touch ball of right beside left

3-4 Step right foot to right side, touch ball of left beside right On the above 4 counts, try doing body roll/snake roll/knee rolls, etc.

5 Turn ¼ left, step forward onto left foot.

Rock back/slightly to right side on ball of right foot, turning 1/3 left (&), step left foot in place
Rock back/slightly to right side on ball of right foot, turning 1/3 left (&), step left foot in place
Rock back/slightly to right side on ball of right foot, turning 1/3 left (&), step left foot in place

Optional arm styling: raise both hands up just above shoulder level during the paddle turn.

Variation: for fun, try doing a double paddle turn for a total of 2 1/4 turns.

You should now be facing the left side wall to start again.

REPEAT

