

Dancing In Black For Two

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數:
編舞者: Robyn-April Rivard-Darby (USA)
音樂: Men In Black - Will Smith



Position: Sweetheart position. Lead is on the left side of follow, lead's arm around follow's shoulders. Their hands are held, fingertips loosely touching, at shoulder height. The lead and follow' footwork is the same.

STOMP-STOMP-STOMP

- 1 Stomp left foot next to right foot, weight on left foot
- & Quickly stomp right foot next to left foot, weight on right foot
- 2 Quickly stomp left foot next to right foot, weight on left foot

TRIPLE FRONT / ROCK STEP

- 3 Begin right-left-right triple step forward by stepping right foot forward, weight on it
- & Quickly step left foot to right foot, weight on left foot
- 4 Complete triple step by stepping right foot forward, weight on it
- 5 Step left foot forward, rocking weight to it
- 6 Rock weight back to right foot

TRIPLE BACK / ROCK STEP

- 7 Begin left-right-left triple step backward by stepping left foot back, weight on it
- & Quickly step right foot next to left foot, weight on right foot
- 8 Complete triple step by stepping left foot back, weight on it
- 9 Step right foot back, rocking weight to it
- 10 Rock weight forward to left foot

TRIPLE FRONT

- 11 Begin right-left-right triple step forward by stepping right foot forward, weight on it
- & Quickly step left foot to right foot, weight on left foot
- 12 Complete triple step by quickly stepping right foot forward, weight on it

TOE, HEEL / TOE, HEEL / TOE, HEEL / TOE, HEEL

Moving progressively backward

- 13 Weight remaining on right foot, step left toe back, heel raised
- 14 Press left heel down, weight on it
- 15 Weight remaining on left foot, step right toe back, heel raised
- 16 Press right heel down, weight on it
- 17 Weight remaining on right foot, step left toe back, heel raised
- 18 Press left heel down, weight on it
- 19 Weight remaining on left foot, step right toe back, heel raised
- 20 Press right heel down, weight on it

STEP / SLIDE / STEP / TOUCH

- 21 Step left foot 45: diagonally forward, weight on it
- 22 Slide right foot up behind left foot in lock position or next to left foot, weight on right foot
- 23 Step left foot 45: diagonally forward, weight on it
- 24 Weight remaining on left, touch right toe next to left foot

STEP / SLIDE / STEP / TOUCH

- 25 Step right foot 45: diagonally forward, weight on it
- 26 Slide up behind left foot in lock position or next to right foot, weight on left foot

- 27 Step right foot 45: diagonally forward, weight on it
28 Weight remaining on right, touch left toe next to right foot

VINE, 2, 3 / TOUCH

- 29 Step left foot 45: diagonally, forward left, weight on it (facing 1:00 ish)
30 Cross right foot behind left foot, weight on right foot
31 Step left foot 45: diagonally, forward left, weight on it
32 Weight remaining on left, scuff or touch right toe next to left foot

VINE, 2, 3 / TOUCH

- 33 Turn slightly left to step right foot 45: diagonally forward right, weight on it (facing 11:00 ish)
34 Cross left foot behind right foot, weight on left foot
35 Step right foot 45: diagonally forward right, weight on it
36 Weight remaining on right, scuff or touch left toe next to right foot

STEP, PIVOT / STEP, PIVOT

- 37 Step left foot forward, weight on it
38 Pivot ½ right, weight ending on right foot
39 Step left foot forward, weight on it
40 Pivot ½ right, weight ending on right foot

TRIPLE ONE/ TRIPLE TWO/ TRIPLE THREE / TRIPLE FOUR

- 41 Begin left-right-left triple step forward by stepping left foot forward, weight on it
& Quickly step right foot next to left foot, weight on right foot
42 Complete triple step by stepping left foot forward, weight on it
43 Begin right-left-right triple step forward by stepping right foot forward, weight on it
& Quickly step left foot to right foot, weight on left foot
44 Complete triple step by stepping right foot forward, weight on it
45 Begin left-right-left triple step forward by stepping left foot forward, weight on it
& Quickly step right foot next to left foot, weight on right foot
46 Complete triple step by stepping left foot forward, weight on it
47 Begin right-left-right triple step forward by stepping right foot forward, weight on it
& Quickly step left foot to right foot, weight on left foot
48 Complete triple step by stepping right foot forward, weight on it

REPEAT

VARIATIONS

The Choreographed by encourages dancers to experiment with variations! Lead and follow can both do 3 step turns, ending with touches to replace vines. Lead can lead follow through turns to replace triple steps forward. Use forward triple steps with windmill. Do 1st triple step forward, the 2nd & 3rd triple steps backward, and turn forward again for the 4th triple step. Try turns on the toe/ heel backs either both partners simultaneously or lead turning follow in an inside half turn on steps 13-16 and an outside half turn of steps 17-20 or full turns.
