

Do What Boogie

拍數: 32 牆數: 4 級數: Improver
編舞者: jg2 (USA)
音樂: Big Time - Trace Adkins



FORWARD SHUFFLE, KICK

1&2 Shuffle forward left right left
3 Kick right forward
4 Step back on right

COASTER, ½ TURN SHUFFLE

5 Step back on left
& Step back on right
6 Step forward on left
7&8 Making ½ turn left (6:00), shuffle right left right

Option: shuffle slightly forward steps 7&8

½ TURN SHUFFLE, ½ PIVOT

1&2 Making ½ turn left (12:00), shuffle left right left

Option: shuffle slightly forward steps 9&10

3 Step forward on right
4 Pivot ½ turn left (6:00), changing weight to left

FORWARD SLIDE

Moon walk - keep weighted leg straight, popping opposite knee out

5 Bending left knee (knee pop), slide step forward on ball of right
6 Bending right knee (knee pop), slide step forward on ball of left
7 Bending left knee (knee pop), slide step forward on ball of right
8 Bending right knee (knee pop), slide step forward on ball of left

¼ PIVOT, SAILOR SHUFFLE

1 Step forward on ball of right
2 Pivot ¼ turn left (3:00), changing weight to left
3 Cross step right behind left (turn body to face slightly to right)
& Step left to left side (facing forward)
4 Step right slightly forward and to right side (facing forward)

FORWARD WALK, SAILOR SHUFFLE

5 Step forward on left
6 Step forward on right
7 Cross step left behind right (turn body to face slightly to left)
& Step right to right side (facing forward)
8 Step left slightly forward and to left side (facing forward)

½ PIVOT, FORWARD SHUFFLE

1 Step forward on ball of right
2 Pivot ½ turn left (9:00), changing weight to left
3&4 Shuffle forward right left right

½ PIVOT, ½ TURNS

5 Step forward on ball of left
6 Pivot ½ turn right (3:00), changing weight to right

- 7 On ball of right, make ½ turn right (9:00), stepping back on left
8 On ball of left, make ½ turn right (3:00), stepping forward on right
Option: walk forward 2 steps on counts 31 & 32

REPEAT
