

# Do The Dance

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Nancy Morgan (USA)  
音樂: Do The Dance - Lisa Capitanelli



## VINE RIGHT, BRUSH, VINE LEFT, STEP

1-2-3      Step forward on right, step left behind right, step right to right side  
4      Brush left foot forward  
5-6-7      Step forward on left, step right behind left, step left to left side  
8      Put right next to left (weight is on right)

## TOUCH 4 TIMES ¼ TURN RIGHT, TOUCH 4 TIMES ¼ TURN LEFT

1-2-3      Touch left toe out to left side 3 times as you turn ¼ turn to your right  
4      Put left foot next to right  
5-6-7      Touch right toe out to right side 3 times as you turn ¼ turn to your left  
8      Touch right toe next to left

**Put your hands in the air as you do these 8 counts**

## STEP FORWARD TOWARDS 1:00 AS YOU BOUNCE, STEP BACK TOWARDS 7:00 AS YOU BOUNCE

1-2      Step forward towards 1:00 on right foot, put left next to right as you bounce  
3-4      Bounce 2 times  
5-6      Step back on your left towards 7:00, put your right next to left as you bounce  
7-8      Bounce 2 times

## SHIMMY FORWARD AND BACK, STEP ½ TURN, STEP ¼ TURN

1-2      As you step right foot forward, shimmy shoulders as you lean slightly forward and down  
3-4      Shimmy shoulders back up into a full standing position  
5-6      Step forward on right, turn ½ turn to left  
7-8      Step forward on right, turn ¼ turn to left

**REPEAT**

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