Do Something



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Meg Kennedy

音樂: Do Somethin' - Britney Spears



CROSS ROCK RECOVER X3 (TRAVELING FORWARD), CROSS TOUCH

1-2	Cross right over left - angle body to left, rock left to left side
&3-4	Recover right, cross left over right - angle body to right, rock right to right side
&5-6	Recover left, cross right over left - angle body to left, rock left to left side
&7-8	Recover right, cross left over right - angle body to right, touch right next to left

OUT, IN, QUARTER TURN KICK, SIDE TOGETHER, SIDE TOGETHER

1&2	Point right out to right side, touch right next to left, making a $\frac{1}{4}$ turn right- kick right foot forward
3&4	Point right foot to right side, pop knee in, pop knee out
5&6	Pop right knee in, slide left foot next to right foot, point right foot to right
7&8	Pop right knee in, slide left foot next to right foot, point right foot to right

MAMBO, MAMBO, QUARTER TURN, QUARTER TURN, MOON WALK TWICE

1&2	Step forward right, recover left, step right next to left
3&4	Step forward left, recover right, step left next to right
5-6	Quarter turn left crossing right foot over left, step back on left making quarter turn right
7-8	Step back on right, step left next to right (alternative steps - 2 x moonwalks)

KNEE ROLL HALF TURN, STEP BEHIND CLAP, CROSS BEHIND UNWIND

1-2	Roll right knee out turning ½ turn, roll left knee in bringing feet together (weight on left)
3-4	Step right to right side, point left toe behind right clapping hands behind body
5-6	Step left to left side, cross right behind left
7.0	Lieu de d'Edit Aure (contella en la fix)

7-8 Unwind full turn (weight on left)
Ready to cross on right - beginning of dance

REPEAT

TAG

At end of third wall

1&2	Bump hips right, left, right
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3-4 Touch left toe to left side, flick left foot up

5-6 Turning half turn right-point left toe to left side, sweep left foot half turn right bringing feet

together

7-8 Body roll (or bump hips right, left) ending with weight on left

9-16 Repeat tag counts 1-8

Start dance again