

Do Not Disturb

拍數: 32 牆數: 4 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: Do Not Disturb - Elvis Presley



DIAGONAL, FORWARD, TOUCH, DIAGONAL, FORWARD, TOUCH

1-2 Right diagonal forward, touch left toe beside right instep
3-4 Left diagonal forward, touch right toe beside left instep

RIGHT HIP - RAISE - LOWER - RAISE - LOWER

5 (Weight still on left) raise right hip to the right (right hand behind head for 4 counts)
6-7-8 Lower right hip, raise right hip to the right, lower right hip

Option on counts 5 to 8: sway hips-right-left-right-left

Option on counts 5 to 8: swivel heels-right-center-right-center

RIGHT VINE WITH HEEL

9-10 Side step right, cross left behind right
11-12 Side step right, touch left heel diagonal forward to the left

Option on counts 9 to 11: side step right, left together, side step right

LEFT VINE WITH HEEL

13-14 Side step left, cross right behind left
15-16 Side step left, touch right heel diagonal forward to the right

Option on counts 13-15: side step left, right together, side step left

DIAGONAL BACK, TOUCH, DIAGONAL BACK, TOUCH

17-18 Right diagonal back, touch left heel diagonal forward
19-20 Left diagonal back, touch right heel diagonal forward

RIGHT HIP - RAISE - LOWER - RAISE - LOWER

21 (Weight still on left) raise right hip to the right (right hand behind head for 4 counts)
22-23-24 Lower right hip, raise right hip to the right, lower right hip

Option on counts 21 to 24: sway hips-right-left-right-left

Option on counts 21 to 24: swivel heels-right-center-right-center

FORWARD, REPLACE, BACK, REPLACE

25-26 Right forward, replace weight on left
27-28 Right back, replace weight on left

FORWARD, 1/8 TURN LEFT, FORWARD, 1/8 TURN LEFT

29-30 Right forward, replace weight on left making 1/8th turn left on step
31-32 Right forward, replace weight on left making 1/8th turn left on step

REPEAT

TAG

At the end of walls 2 and 4

RIGHT HIP - RAISE - LOWER - RAISE - LOWER

1 (Weight still on left) raise right hip to the right (right hand behind head for 4 counts)
2-3-4 Lower right hip, raise right hip to the right, lower right hip

Option on counts 1 to 4: sway hips-right-left-right-left

Option on counts 1 to 4: swivel heels-right-center-right-center

