

# Do It!

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Gerard Murphy (CAN)  
音樂: The More You Do It (The More I Like It Done To Me) - Natalie Cole



## WALK, WALK, TOUCH, STEP BACK, COASTER CROSS, HITCH, CROSS

1-2      Step right forward, step left forward  
3-4      Turn ½ left and touch right together, step right back  
**Drag left toward right**  
5&6      Step left back, step right back, cross left over right  
7-8      Hitch right knee, cross right over left

## ROCK AND CROSS, AND STEP KICK, AND STEP, ½, ¼

1&2      Rock left to side, recover onto right, cross left over right  
&3      Big step right to side, step left together  
4&5      Kick right forward, right together, step left forward  
6-7      Step right forward, turn ½ left (weight to left)  
&8      Step right forward, turn ¼ left (weight to left)

## CROSS BACK AND ¼ TURN STEP, STEP, SHUFFLE FORWARD, STEP ½ PIVOT

1-2&3      Cross right over left, step left back, turn ¼ right and step right forward, step left forward  
4      Step right forward  
5&6      Step left forward, lock right behind left, step left forward  
7-8      Step right forward, turn ½ left (weight to left)

## STEP LOCK STEP, STEP HITCH, BALL CROSS ¼ TURN, COASTER STEP

1-2&      Step right diagonally forward, lock left behind right, step right diagonally forward  
3-4      Step left diagonally forward, hitch right knee  
&5-6      Step right together, cross left over right, step right to side  
7&8      Turn ¼ left and step left back, step right together, step left forward

### More challenging option for last 2 counts:

7      Turn ¾ left and step left back  
&8      Step right forward, turn ½ left (weight to left)

## REPEAT

## RESTART

Restart after count 16 on wall 5