

Do It To Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisa Rebecca Goldberg (CAN)
音樂: Right Now - Atomic Kitten



LEFT BALL, RIGHT WALK, LEFT WALK, ½ TURN SAILOR STEP RIGHT

&1-2 Left ball, walk forward right, walk forward left
3&4 Right step behind left, left step making ¼ turn right, right step making ¼ turn right

LEFT BALL, RIGHT WALK, LEFT WALK, RIGHT KICK, RIGHT STEP, LEFT HEEL, LEFT STEP

&5-6 Left ball, walk forward right, walk forward left
7&8& Right kick forward, right step beside left, left heel forward, left step beside right

RIGHT STEP FORWARD, ¼ TURN PIVOT LEFT, WEAVE RIGHT CROSS LEFT, LEFT TO SIDE, RIGHT BEHIND LEFT, LEFT TO SIDE

1-2 Right step forward, ¼ turn pivot left taking weight onto left
3&4& Right cross over left, left step to left side, right cross behind left, left step to left side

RIGHT ROCK FORWARD, LEFT RECOVER, ½ TURN SHUFFLE RIGHT

5-6 Right rock forward, left recover
7&8 Turning ½ to the right, step right forward, step left beside right, step right forward

LEFT SIDE ROCK, RIGHT RECOVER, LEFT SAILOR STEP

1-2 Left side rock, recover right
3&4 Left step behind right, right step to right side, left step to left side

RIGHT SIDE ROCK, LEFT RECOVER, RIGHT SAILOR STEP

5-6 Right side rock, recover left
7&8 Right step behind left, left step to left side, right step to right side

LEFT STEP FORWARD, RIGHT BRUSH FORWARD, RIGHT BRUSH BACK INTO HOOK, RIGHT BRUSH FORWARD, RIGHT ROCK FORWARD, LEFT RECOVER

1-2 Left step forward, right brush forward
3& Right brush back into hook across left knee, right brush forward
4& Right rock forward, left recover

RIGHT ½ PIVOT, RIGHT ½ PIVOT, RIGHT STEP BACK AND BUMP RIGHT HIP TWICE WHILE SNAPPING RIGHT FINGERS

5-6 Pivot ½ turn right step right, pivot ½ turn right step left
Option: walk back right, left
7&8 Right step back while bumping right hip and snapping right fingers twice

REPEAT