

Do It To It

拍數: 48 牆數: 1 級數: Improver
編舞者: Pat Eodice (USA)
音樂: Honky Tonk Song - BR5-49



KICK BALL CHANGE, KICK BALL CHANGE, STEP, STEP, STEP, POINT

- 1&2 Kick left foot forward, step down onto left foot, step down onto right foot
- 3&4 Kick left foot forward, step down onto left foot, step down onto right foot
- 5-6 Step down with left foot, step down with right foot
- 7-8 Step down with left foot, point right foot to right side (weight on left)

HIP SWAY, ¼ TURN LEFT

- 9-10 Rock right onto right foot, while swaying hips right
- 11-12 Rock left onto left foot while swaying hips left
- 13-14 Step ¼ turn left with right foot while swaying hips right
- 15-16 Rock left onto left foot while swaying hips left

ANGLE, TOUCH, CLAP

- 17-18 Step forward 45 degrees to right with right foot, touch left foot next to right foot & clap
- 19-20 Step forward 45 degrees to left with left foot, touch right foot next to left foot & clap
- 21-22 Step back 45 degrees to right with right foot, touch left foot next to right foot & clap
- 23-24 Step back 45 degrees to left with left foot, touch right foot next to left foot & clap

ROCK STEP, CHA-CHA ½ TURNS

- 25-26 Step back with right foot, rock forward onto left foot
- 27-28 Turn ½ turn left, stepping right, left, right
- 29&30 Step back with left foot, rock forward onto right foot
- 31&32 Turn ½ turn right, stepping left, right, left

HIP BUMPS WITH ¼ TURN RIGHT

- 33-34 Step right foot to right side, begin bumping hips to right
- 35-36 Continue bumping hips to right, touch left foot next to right foot
- 37-38 Step ¼ turn to right on left foot, begin bumping hips to left
- 39-40 Continue bumping hips to left, touch right foot next to left foot

SYNCOPATION, HOLD, ELVIS KNEES

- &41 Step right foot to right side, step left foot to left side
- 42-44 Hold 3 counts
- 45 On ball of right foot bend right knee inward (weight on left)
- 46 On ball of left foot bend left knee inward (weight on right)
- 47-48 Repeat counts 45-46 (weight transfers back & forth, ends on right)

REPEAT
