

Do It 4 Love

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: Intermediate/Advanced
編舞者: Ed Lawton (UK)
音樂: Do It For Love - Hall & Oates



SIDE CROSS UNWIND, ROCK ROCK CROSS, TRIPLE STEP

1-2 Step right to right side, cross left over right
3-4 Unwind a full turn right, step right to right side
5-6 Rock on to left, step right over left
7&8 Step left to left side, step right next to left making a ¼ turn right, step forward on left

KICK & TOUCH, HIP BUMPS, SHUFFLE, TOUCH X 3

1&2 Kick right forward, step right next to left, touch left toe forward
3-4 Bump hips forward, bump hips back
5&6 Shuffle forward on left, right, left
7&8 Make a ¼ turn left as you touch right toe to right, touch right toe next to left, touch right toe to right

TRIPLE STEP, UNWIND KICK, COASTER ¼ TURN, ROCK

1&2 Step right behind left, step left to left side, step right over left
3-4 Unwind a ¾ turn left, kick left forward
5&6 Step back on left, step right next to left, step forward on left making a ¼ turn left
7-8 Step right to right side, rock on to left

TRIPLE ½ TURN, ROCK & ROCK, CROSS SHUFFLE, ROCK

1&2 Step right over left, step left to left making a ½ turn right, step right to right side
3&4& Cross rock left over right, rock on to right, step left to left, rock on to right
5&6 Step left over right, step right to right, step left over right
7-8 Step right to right side, rock on to left

TRIPLE ½ TURN, TRIPLE ¼ TURN, TRIPLE STEP, TRIPLE ½ TURN

1&2 Make a ½ turn right on right, left, right
3&4 Step left over diagonally right, step right diagonally to right making a ¼ turn left, step left next to right
5&6 Step right diagonally over left, step left diagonally forward left, step right next to left
7&8 Step left over diagonally right, step right diagonally to right making a ¼ turn left, step left next to right

TRIPLE STEP, ROCK, TRIPLE ¾ TURN, MAMBO TOUCH

1&2 Step right diagonally over left, step left diagonally forward left, step right next to left
3-4 Cross rock left over right, rock on to right
5&6 Make a ¾ turn left on left, right, left
7&8 Step right to right side, rock on to left, touch right toe next to left

REPEAT