

Do It All

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Kevin Smith (AUS) & Maria Smith (AUS)
音樂: I Wanna Do It All - Terri Clark



WALK FORWARD RIGHT-LEFT, FORWARD SAMBA STEP, ROCK, FULL CHA-CHA TURN

- 1-2-3&4 Walk forward right-left, step right to side, & take weight left, step forward right (traveling samba step forward)
5-6-7&8 Rock forward left, take weight right, full cha-cha turn left step left-right-left (alternate step: cha-cha on spot)

¼ TURN, CROSS SHUFFLE, ½ TURN, CROSS TURN TO LEFT DIAGONAL

- 1-2-3&4 Step right forward, ¼ turn left take weight left, cross shuffle right-left-right
5-6 Step left to side, ½ turn right step right to side
7&8 Step left over right, & turn to left diagonal step back right, step forward left

2 X KICK BALL STEPS, ROCK, FULL TURN RIGHT TRAVELING CHA-CHA

- 1&2-3&4 Kick right forward, & step right next left, step forward left, kick right forward, & step right next left, step forward left
5-6-7&8 Rock forward, take weight left, full turn traveling right step right-left-right (alternate step: side shuffle right) (you are now facing 3:00 wall)

¼ TURN BOX STEP, COASTER FORWARD, COASTER BACK

- 1-2-3-4 Step left over right, ¼ turn right step back on right, step left to side, scuff right forward
5&6 Step right forward, & take weight back left, step back right
7&8 Step back left, & step right next left, step forward left

HEEL BALL STEP, & OUT, OUT, CLAP, HIP ROTATION

- 1&2&3-4 Right heel forward, & step right next to left, step left forward, & step right to side, step left to side and clap
5-6-7-8 (With hands still together) rotate hips anti clock ways 4 counts (click hand out to side on count 8)

RIGHT SAILOR STEP ¼ TURN, ROCK BACK, FORWARD, FORWARD, BACK, 1 ¼ TURN

- 1&2-3-4 Step right behind left, & ¼ turn left step left, step right back, rock back left, take weight right
5-6-7&8 Rock forward left, rock back right, 1 ¼ turn left cha-cha left-right-left (alternate step: side shuffle left-right-left)

REPEAT

TAG

End of wall 4 (facing front) add:

- 1-8 Vine right, turning vine left, touch right

RESTART

Same wall as tag, dance up to count 32. Start dance again