

Do It All

拍數: 96 牆數: 4 級數: Intermediate/Advanced two step
編舞者: Tina Riley (USA)
音樂: I Wanna Do It All - Terri Clark



(2) KICK BALL CHANGE WHILE FACING SLIGHTLY RIGHT, ROCK FORWARD, ROCK BACK & TRIPLE STEP WHILE $\frac{3}{4}$ TURN RIGHT

- 1&2 Kick right foot forward (below the knee), step back down on right, step left next to right
3&4 Kick right foot forward (below the knee), step back down on right, step left next to right (you should be facing the side wall slightly at this point)
5-6 Rock forward right, rock back on left while starting you triple $\frac{3}{4}$ turn right
7&8 (Triple step) step right, step left next to right, step right finishing the $\frac{3}{4}$ turn facing slightly angle left

(2) KICK BALL CHANGE WHILE FACING SLIGHT LEFT, ROCK FORWARD, ROCK BACK & TRIPLE $\frac{1}{2}$ TURN LEFT

- 1&2 Kick left foot forward (below the knee), step back down on left, step right next to left
3&4 Kick left foot forward (below the knee), step back down on left, step right next to left (you should be facing the side wall slightly at this point)
5-6 Rock forward left, rock back on right while starting you triple $\frac{1}{2}$ turn left
7&8 (Triple step) step left, step right next to left, step left finishing the $\frac{1}{2}$ turn left

POINT SIDE, CROSS, POINT SIDE, POINT FORWARD, SAILOR SHUFFLE, & TRIPE STEP WITH $\frac{1}{4}$ TURN RIGHT

- 1-2 Point side right, step right foot in front of left
3-4 Point side left, point left in front of right (leaving weight on right)
5&6 Step left foot slightly behind right, step out with right foot side right, and step out to left side with left (weight ends on left)
7&8 Step right foot behind left slightly starting $\frac{1}{4}$ right, step forward with left, touch right next to left (weight ends on left)

DIAGONAL STEP-SLIDES FORWARD & CLAP, DIAGONAL STEP-SLIDE FORWARD & CLAP

- 1-2 Step forward right, slide left next to right
3-4 Step forward right, slide left next to right & clap (weight ends on right)
5-6 Step forward left, slide right next to left
7-8 Step forward left, slide right next to left & clap (weight ends on left)

HIP SHAKE RIGHT & CLAP, HIP SHAKE LEFT & CLAP

2,3,6,7 is when you shake your hips side to side

- 1-4 Step side right to right side, touch left next to right & clap (weight ends right)
5-8 Step side left to left side, touch right next to left & clap (weight ends on left)

2 RIGHT KICK BALL CHANGES, POINT FORWARD, POINT SIDE & $\frac{1}{4}$ TURN RIGHT WITH TRIPLE STEP

- 1&2 Kick right foot forward (below the knee), step back down on right, step left next to right
3&4 Kick right foot forward (below the knee), step back down on right, step left next to right (weight ends left)
5-6 Point right foot forward, point right foot side right
7&8 Step $\frac{1}{4}$ turn right with right, step left next to right, step down onto to right (weight ends on right)

SHUFFLE FORWARD, ROCK FORWARD, ROCK BACK, $\frac{1}{2}$ TURN RIGHT WITH TRIPLE STEP, HEEL HOOK

- 1&2 (Shuffle step) step forward left, step right next to left, step forward left

- 3-4 Rock forward on right, rock back on left
5&6 (Triple step) start ½ turn right step right, step left next to right, step forward right
7-8 Left heel forward, cross left over right shin

STEP SLIDES FORWARD & BRUSH, RIGHT HEEL, LEFT HEEL, RIGHT HEEL FORWARD & CLAP

- 1-2 Step forward onto left, step right behind left
3-4 Step forward onto left, brush right next to left
5&6 Right heel forward, step back down onto right, left heel forward
&7-8 Right heel forward, step forward onto right, & clap

HIP BUMPS, HIP ROLLS AND FINISHING OFF WITH ¼ TURN LEFT

- 1-2 Bump right hip forward twice
3-4 Bump left hip back twice
5-6 (Moving to the right) right hip forward, left hip back (this moves to the right)
7-8 (Moving to the right) right hip forward, left hip back (this moves to the right)

Finish off with the ¼ turn (weight should be on the left)

GRAPEVINE RIGHT W/ LEFT BRUSH, GRAPEVINE LEFT WITH RIGHT BRUSH ¼ TURN LEFT

- 1-2 Step side right with right, step left behind right
3-4 Step side right with right, brush left next to right
5-6 Step side left with left, step right behind left
7-8 ¼ Turn left stepping left, brush right next to left

CROSS UNWIND, CROSS UNWIND, MONTEREY TURN

- 1-2 Cross right foot over left, ½ turn left unwinding left (weight on right)
3-4 Cross left foot over right, ½ turn right unwinding right (weight on left)
5-6 Point side right starting ½ right turn on left, step onto right (weight on right)
7-8 Point side left and touch, left foot step next to right

MONTEREY TURNS, AND HEEL SWIVELS

- 1-2 Point side right starting ½ right turn on left, step onto right (weight on right)
3-4 Point side left and touch, left foot step next to right
5-6 Swivel both heels right, swivel back to center
7-8 Swivel both heels left, swivel back to center

REPEAT
