Do It Again!



拍數: 48 牆數: 4 級數: Improver

編舞者: Lizzie Clarke (SCO) & John "Grrowler" Rowell (UK)

音樂: Dancer's Den - Jody Jenkins



Dedicated to "Laney" the worlds best constructive critic

HEEL HOOK	. RIGHT SHUFFLE.	HFFI	HOOK LEE	T SHLIFFL F

1-2	Touch right heel forward, hook right across left shin
3&4	Step forward right, close left to right, step forward right
5-6	Touch left heel forward, hook left across front of right shin
7&8	Step forward left, close right to left, step left forward

ROCK-FORWARD, RECOVER, RIGHT COASTER, STEP PIVOT, STOMP, STOMP

0.40		
9-10	Rock forward on right,	recover weight to left

11&12 Step back right, step left next to right, step forward right

13-14 Step left forward, pivot a half turn right 15-16 Stomp left forward, stomp right next to left

LONG-STEP LEFT, SLIDE, SYNCOPATED ROCKS FORWARD & BACK

Long Step lent to le	17	Long step	left to	left
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18-20	Slide right to touch next to left over 3 counts
21&	Rock forward on right, recover weight to left
22&	Rock back on right, recover weight to left
23&	Rock forward on right, recover weight to left

24 Touch right next to left

LONG-STEP RIGHT, SLIDE, SYNCOPATED ROCKS FORWARD & BACK

25	Long step right to right
26-28	Slide left to touch next to right over 3 co

29& Rock forward on left, recover weight to right 30& Rock back on left, recover weight to right 31& Rock forward on left, recover weight to right

32 Step left next to right

STEP QUARTER TURN, TOUCH, LEFT WEAVE, SCUFF, CROSS

33-34	Step right forward turning a quarter left, cross left behind right touching toe to floor
35-36	Step left to left, cross right behind left
37-38	Step left to left, cross right in front of left
39-40	Scuff left forward, cross left in front of right

UNWIND, STEP, SCOOT, SCOOT, STEP, CROSS, BACK, TOUCH

41-42	Unwind a half turn right, step right forward
43-44	Scoot forward on right hitching left knee, scoot forward on right hitching left knee

45-46 Step forward on left, cross right in front of left

47-48 Step back left, touch right next to left

REPEAT