

Do It

拍數: 32 牆數: 2 級數: Beginner
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音樂: Soopadoopa - Danny K



VINE, ROCK RECOVER, MAMBO STEP

1-2 Step side right on right, step left behind right
3-4 Step side right on right, step left across in front of right
5-6 Rock side right on right, recover weight to left
7&8 Rock forward on right, recover weight on left, step right beside left

VINE, ROCK RECOVER, MAMBO STEP

1-2 Step side left on left step right behind left
3-4 Step side left on left, step right across in front of left
5-6 Rock side left on left, recover weight to right
7&8 Rock forward on left, recover weight to right, step left beside right

DIAGONAL STEPS FORWARD

1-2 Step right diagonal forward right hip out, step left diagonal forward left hip out
3-4 Step right diagonal right forward hip out, step left diagonal forward left hip out

WALK BACK

5-6 Small steps back on right, then left option: arms down, pumping palms down move to right, then to left (bouncing a ball right, left)
7-8 Small steps back on right, then left option: same as above

Another option: arms down snap fingers moving arms to right, left, right, left

TWO ¼ TURN MONTEREYS

1-2 Touch right toe side right, pivot ¼ turn right on right
3-4 Touch left toe side left, step left beside right
5-6 Touch right toe side right, pivot ¼ turn right on right
7-8 Touch left toe side left, step left beside right

REPEAT
