

# Do A Little Dance (P)

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數: Partner  
編舞者: Rick Bates (USA) & Deborah Bates (USA)  
音樂: Baby Ain't Rocking Me Right - Mark Nesler



**Position: Right open promenade, holding inside hands (man's right and lady's left)**

## ROCK STEP, PIVOT, FORWARD SHUFFLE, MILITARY PIVOT, PIVOT, SIDEWAYS SHUFFLE

1-2      **MAN:** Step forward on right foot; rock back onto left foot  
          **LADY:** Step forward on left foot; rock back onto right foot

**Release inside hands (man's right and lady's left)**

&      **MAN:** Pivot ½ turn to the right on ball of left foot  
          **LADY:** Pivot ½ turn to the left on ball of right foot

**Man takes up lady's right hand in his left in the left open promenade position facing RLOD**

3&4      **MAN:** Shuffle forward (right, left, right)  
          **LADY:** Shuffle forward (left, right, left)

**Release inside hands (man's left and lady's right)**

5-6      **MAN:** Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot  
          **LADY:** Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

&      **MAN:** Pivot ¼ turn to the right on ball of right foot  
          **LADY:** Pivot ¼ turn to the left on ball of left foot

**Partners now face each other, with lady slightly to the left of man. Man faces OLOD and lady faces ILOD.**

**Man takes up lady's left hand in his left**

7&8      **MAN:** Shuffle to the left (left, right, left)  
          **LADY:** Shuffle to the right (right, left, right)

## ROCK STEP, TURNING SHUFFLE (PARTNERS SWITCH SIDES), ROCK STEP, TURNING SHUFFLE (PARTNERS SWITCH SIDES)

9-10      **MAN:** Step back on right foot; rock forward onto left foot  
          **LADY:** Step back on left foot; rock forward onto right foot

**Release left hands. Lady passes in front of man with her back to his chest**

11&12      **MAN:** Shuffle forward (right, left, right) making a ½ turn to the left on these steps  
          **LADY:** Shuffle forward (left right, left) making a ½ turn to the right on these steps

**Man takes up lady's right hand in his right. Partners have now switched sides**

13-14      **MAN:** Step back on left foot; rock forward onto right foot  
          **LADY:** Step back on right foot; rock forward onto left foot

**Release right hands. Lady passes in front of man with her back to his chest**

15&16      **MAN:** Shuffle forward (left, right, left) making a ¼ turn to the right on these steps  
          **LADY:** Shuffle forward (right, left, right) making a ¼ turn to the left on these steps

**Partners have now switched sides and are now back in the right open promenade position, holding inside hands (man's right and lady's left)**

## ROCK STEP, FORWARD SHUFFLE, STEP, BEHIND, PIVOT, FORWARD SHUFFLE

17-18      **MAN:** Step back on right foot; rock forward onto left foot  
          **LADY:** Step back on left foot; rock forward onto right foot

19&20      **MAN:** Shuffle forward (right, left, right)  
          **LADY:** Shuffle forward (left, right, left)

**Release inside hands (man's right and lady's left)**

21-22      **MAN:** Step to the left on left foot; cross right foot behind left and step  
          **LADY:** Step to the right on right foot; cross left foot behind right and step

&           **MAN:** Pivot ¼ turn to the left on ball of right foot  
              **LADY:** Pivot ¼ turn to the right on ball of left foot

23&24       **MAN:** Shuffle forward (left, right, left)  
              **LADY:** Shuffle forward (right, left, right)

**Man faces ILOD and lady faces OLOD**

**MILITARY PIVOT, FORWARD SHUFFLE, STEP, BEHIND, PIVOT, FORWARD SHUFFLE**

25-26       **MAN:** Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot  
              **LADY:** Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

**Man faces OLOD and lady faces ILOD**

27&28       **MAN:** Shuffle forward (right, left, right)  
              **LADY:** Shuffle forward (left, right, left)

**Join both hands in a double hand held position**

29-30       **MAN:** Step to the left on left foot; cross right foot behind left and step  
              **LADY:** Step to the right on right foot; cross left foot behind right and step

**Release man's left hand from lady's right**

&           **MAN:** Pivot ¼ turn to the left on ball of right foot  
              **LADY:** Pivot ¼ turn to the right on ball of left foot

31&32       **MAN:** Shuffle forward (left, right, left)  
              **LADY:** Shuffle forward (right, left, right)

**REPEAT**

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