

D.N.A.

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Derek Steele (USA) & Amanda Beaulieu
音樂: Mucho Mambo (Sway) - Shaft



LEFT SHUFFLE FORWARD, RIGHT SHUFFLE, ½ TURN RIGHT, BODY ROLL

1&2 Shuffle forward left, right, left
3&4 Shuffle forward right, left, right
5-6 Step forward left, turn ½ right (weight ends on left)
&7-8 Forward body roll while stepping back right, left

BODY ROLL WHILE MOVING BACK TWICE, LEFT SHUFFLE FORWARD, ¼ SWEEP LEFT WITH SIDE TOUCH RIGHT

&1-2 Forward body roll while stepping back right, left
&3-4 Forward body roll while stepping back right, touch left
5&6 Shuffle forward left, right, left
&7-8 Sweep right foot while turning ¼ left, touch right next to left, touch right out to right side

CROSS, HOLD, UNWIND 1 ¼ LEFT, LEFT SHUFFLE FORWARD, POINT WITH ¼ TURN LEFT, FLICK RIGHT FOOT

1 Cross right over left,
2-3-4 Unwind turning 1 ¼ left, (weight ends on right with left foot hooked in front of right)
5&6 Shuffle forward left, right, left
7-8 Turn ¼ left while pointing right to right side, flick right foot back

CROSS SHUFFLE, SIDE ROCK, STEP, CROSS SHUFFLE, ½ TURN LEFT

1&2 Cross right over left, step left to side left, cross right over left
3-4 Rock left to side left, recover right
5&6 Cross left over right, step right to side right, cross left over right
7-8 Step forward right, turn ½ left (weight ending on right)

REPEAT
