

The Dixie Walk

拍數: 32 牆數: 2 級數:
編舞者: Peter Metelnick (UK)
音樂: You Can't Hurry Love - The Chicks



Dance description is written counting the beat of "You Can't Hurry Love" at 1/2 speed. You could also count the dance at full speed making the dance 64 counts adding hold steps

WALK 2, RIGHT ROCK & RECOVER, ½ RIGHT & RIGHT FORWARD, WALK 2, LEFT ROCK & RECOVER, ¼ LEFT & SIDE LEFT

- 1-2 Step right foot forward, step left foot forward
- 3& Rock step right foot forward, recover weight on left foot
- 4 Turning ½ right on left foot step right foot forward (now facing back wall)
- 5-6 Step left foot forward, step right foot forward
- 7& Rock step left foot forward, recover weight on right foot
- 8 Turning ¼ left on right foot step left foot to left side (now facing right side wall)

WEAVE LEFT 2, RIGHT BEHIND, ¼ LEFT, ¼ LEFT, VINE LEFT 2, LEFT TO LEFT SIDE, ¼ LEFT, LEFT FORWARD

- 1-2 Cross step right foot over left, step left foot to left side
- 3& Cross step right foot behind left, turning ¼ left step left foot forward
- 4 Turning ¼ left step right foot to right side (now facing left side wall)
- 5-6 Step left foot to left side, cross step right foot behind left
- 7& Step left foot to left side, turning ¼ left step right foot forward
- 8 Step left foot forward (now facing back wall)

SIDE ROCKS & CROSSOVERS, RIGHT ROCK FORWARD & RECOVER WITH ½ RIGHT, LEFT SHUFFLE FORWARD

- 1&2 Rock step right foot to right side, recover weight on left foot, cross step right foot over left
- 3&4 Rock step left foot to left side, recover weight on right foot, cross step left foot over right
- 5&6 Rock step right foot forward, recover weight on left foot turning ½ right, step right foot forward
- 7&8 Step left foot forward, step right foot together, step left foot forward

RIGHT & LEFT TOE-SCUFF-CROSS, RIGHT SYNCOPATED JAZZ BOX, LEFT ROCK FORWARD & RECOVER WITH ½ LEFT

- 1&2 Touch right toe in toward left instep, scuff right foot forward, cross step right foot over left
- 3&4 Touch left toe in toward right instep, scuff left foot forward, cross step left foot over right
- 5&6 Cross step right foot over left, step left foot back, step right foot to right side
- 7&8 Rock step left foot forward, recover weight on right foot, turning ½ left step left foot forward

REPEAT
