

Dixie Lullaby

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jo Thompson Szymanski (USA)
音樂: Dixie Lullaby (Duet with Bruce Hornsby) - Clint Black



Start on the word "gather"

KICK, BALL CHANGE, SAILOR, KICK, BALL CHANGE, TURNING SAILOR

1&2 Kick right across front of left; rock ball of right to right side; step left in place
3&4 Step right crossed behind left; step left to left side; step right to right side with right toe pointing slightly to right side
5&6 Kick left across front of right; rock ball of left to left side; step right in place
7&8 Step left crossed behind right turning 1/8 left; step right to right side turning 1/8 left; step left forward

TRIPLE FORWARD, STEP, ROCK FORWARD, RECOVER ½ TURN, PIVOT FULL TURN, TRIPLE FORWARD

9&10 Step forward with right; step together with left; step forward with right
11-12 Rock forward with left; recover back to right turning ½ left
13-14 Step forward with left turning ½ left; step back with right turning ½ left
15&16 Step forward with left; step together with right; step forward with left

For an easier option on counts 5, 6, walk forward left, right

JAZZ BOX TURN ¼, JAZZ BOX TURN ¼

17-18 Step right across front of left; step back with left
19-20 Turn ¼ right stepping right to right side; step forward with left
21-22 Step right across front of left; step back with left
23-24 Turn ¼ right stepping right to right side; step forward with left

KICK & TOE & KICK & KICK & TOE & KICK & CROSS, UNWIND ½ TURN

25& Kick right forward; step on right across in front of left
26& Tap the tip of left toe crossed behind right leg; step back on left
27& Kick right forward; small step to right side on right
28& Kick left forward; step left across in front of right
29& Tap the tip of the right toe crossed behind left leg; step back on right
30& Kick left forward; small step to left side on left
31-32 Step right tightly across front of left (ball of right will be on the floor to the left side of left); unwind ½ turn left (weight to left)

REPEAT

From evanspb@ecol.net

When my group learned Dixie Lullaby from a visiting instructor, I watched and realized many were having a really difficult time with the last 8 counts of the dance. After thinking it over, when it was time to review the dance, I simply told them to do this:

CROSS, BACK, SIDE

1 Step right across left
2 Step left straight back
3 Step right next to left

CROSS, BACK, SIDE

4 Step left over right

5 Step right straight back

6 Step left next to right

7 Cross right over left

8 Unwind half turn to left

It isn't as showy as the original footwork, but it is easier, gets you to the same place on each count and doesn't change the movement of the dance. If some can do the original footwork it fits right in.
