

Dixie Land (P)

拍數: 56 牆數: 0 級數: Partner
編舞者: Nigel Payne (UK) & Barbara Payne (UK)
音樂: American Trilogy - Dave Sheriff



Position: Man Behind Lady Facing OLOD, Hands Join At Shoulder Height (Footwork the same for both unless stated)

WEAVE RIGHT, LEFT HEEL-BALL-CROSS, ROCK RECOVER, SHUFFLE ½ TURN LEFT

1-2-3 Cross right over left, step left to left side, cross right behind left
4&5 Tap left heel forward, step left foot beside right, cross right over left
6-7 Rock left to left side, recover back onto right turning ¼ turn left
8&1 Shuffle ½ turn back over left shoulder stepping left right left

On count 8 release left hands, & brings right hand over the lady's head & down behind mans back as you both turn, join left hands in front of lady

ROCK RECOVER, RIGHT COASTER STEP, ½ TURN LEFT, STEP FORWARD, MAN:-LEFT SHUFFLE, LADY:-TRIPLE FULL TURN RIGHT

2-3 Rock forward onto right, recover back onto left
4&5 Step back onto right, step left beside right, step forward onto right
6-7 Pivot ½ turn left taking weight onto left, step right foot forward

On count 6 drop right hands, take left up & over lady's head as you both turn, rejoin in sweetheart position

8&1 **MAN:** Step left foot forward, step right beside left, step left foot forward
LADY: Turn full turn over right shoulder while traveling forward stepping left right left

On count 8 release left hands & raise right hands, lady turns under mans raised right arm, rejoin in sweetheart after the full turn

TOUCH FRONT-SIDE & COASTER STEP TWICE

2-3 Touch right toe to the front, touch right toe to right side
4&5 Step back onto right, step left beside right, step forward onto right foot
6-7 Repeat steps 2 - 3 leading with left toe
8&1 Repeat steps 4&5 leading with left foot

WALK WALK, RIGHT SHUFFLE, ROCK RECOVER, COASTER STEP WITH ¼ TURN LEFT

2-3 Walk forward right, left
4&5 Step forward on right, step left beside right, step forward on right
6-7 Rock forward onto left foot, recover back onto right
8&1 Step back onto left foot, step right beside left, step forward onto left turning ¼ turn left

On count 8 release left hands, bring right hand up & over lady's head as you both turn & join hands at waist height after you have made the turn

SIDE BEHIND, CHASSE WITH ¼ TURN, WALK WALK

MAN:- LEFT SHUFFLE / LADY:- TRIPLE FULL TURN

2-3 Step right to right side, cross left behind right
4&5 Step right to right side, step left beside right, step right to right side turning ¼ turn right

After ¼ turn mans right are is across the front of the lady, & left is behind mans back

6-7 Walk forward left, right
8&1 **MAN:** Step forward on to left foot, step right beside left, step forward onto left foot
LADY: Full turn right traveling forward stepping left, right, left

On count 8 release left hands & raise right hands, lady makes the turn under mans raised right arm, rejoining in sweetheart

ROCK RECOVER, SHUFFLE BACK, ROCK RECOVER, ¼ TURN RIGHT INTO CHASSE

2-3 Rock forward onto right foot, recover back on left
4&5 Step back onto right foot, step left beside right, step back onto right foot
6-7 Rock back onto left foot, recover forward onto right foot
8&1 Step forward on left foot turning $\frac{1}{4}$ turn right, step right beside left, step left to left side
You are now both facing OLOD

RIGHT ROCK RECOVER & STEP TO SIDE, BEHIND-SIDE-CROSS, ROCK RECOVER, CROSS-SIDE

2&3 Rock right foot behind left, recover back onto left, step right to right side
4&5 Cross left behind right foot, step right to right side, step left across right foot
6-7 Rock right to right side, recover back onto left
8& Cross right over left foot, step left to left side

REPEAT
