Dixie Fried



拍數: 66 牆數: 4 級數: Intermediate

編舞者: John "Grrowler" Rowell (UK)

音樂: She's Going Home With Me - Travis Tritt



The 8 beat introduction is counted from the heavy beat, (18 sec.) just after Travis sings "Well I ..."

RIGHT HEEL-HOOK, HEEL-FLICK, RIGHT SHUFFLE, LEFT HEEL-HOOK, HEEL-FLICK, LEFT SHUFFLE

1& Touch right heel forward, hook right across left shin

Optional: slap right foot with left hand

2& Touch right heel forward, flick right out to right side

Optional: slap right foot with right hand

Step right forward, slide left to right, step right forward
 Touch left heel forward, hook left across right shin

Optional: slap left foot with right hand

6& Touch left heel forward, flick left out to left side

Optional: slap left foot with left hand

7&8 Step left forward, slide right to left, step left forward

JAZZ BOX, JAZZ BOX WITH QUARTER TURN LEFT

9-10 Cross right over left, step back left
11-12 Step right next to left, step forward left
13-14 Step forward right, cross left over right

15-16 Step back right, (starting quarter turn left), step left to left (completing turn)

SIDE SWITCHES, DOUBLE-TIME SIDE SWITCHES, TOE STRUTS BACK, RIGHT COASTER STEP

17 Point right toe to right side

&18 Step right to center, point left toe to left

19 Step left to center and point right toe to right side.

Step right to center and point left toe to left
Step left to center and point right toe to right

21&22& Step right toe back, drop heel to floor, step left toe back, drop heel to floor

Step right back, step left next to right, step forward right

HEEL STRUTS FORWARD, ROCK-TURN-STEP, SIDE SWITCHES, DOUBLE-TIME SIDE SWITCHES

Step left heel forward, slap left toe down, step right heel forward, slap right toe down Rock forward on left, recover on ball of right making a half turn left, step forward left

29 Point right toe to right side

\$30 Step right to center, point left toe to left

31 Step left to center and point right toe to right side.

Step right to center and point left toe to left
Step left to center and point right toe to right

CROSS STRUT, SIDE STRUT, ROCK & STEP, CROSS STRUT, SIDE STRUT, ROCK & STEP

33&34& Step right toe across front of left, slap right heel down, step left toe to left, slap left heel down

35&36 Cross rock right in front of left, recover on left, step right to right

37&38& Step left toe across front of right, slap left heel down, step right toe to right, slap right heel

down

39&40 Cross rock left in front of right (&) recover on right, step left to left

CROSS-UNWIND, CROSS-UNWIND, KICK-OUT-OUT, CROSS, UNCROSS

41-42 Cross right in front of left, unwind half turn left

43-44 Cross left in front of right, unwind half turn right 45&46 Kick right forward, step right to right, step left to left

The next 4 beats are made while traveling backwards

47-48 Jump slightly backwards crossing right in front of left, jump slightly backwards uncrossing feet

to shoulder width

SYNCOPATED CROSS-UNCROSS-TOGETHER, RIGHT COASTER STEP, STEP-POINT, STEP-POINT

Jump slightly backwards crossing right in front of left

Jump slightly backwards uncrossing feet to shoulder width

Jump slightly backwards bringing both feet together

Step back right, step left next to right, step forward right

Step left across in front of right, point right toe to right

Step right across in front of left, point left toe to left

CROSS-UNWIND, RIGHT KICK-BALL-TOUCH, LEFT SHUFFLE, STEP-HALF TURN, JUMP-OUT-IN-OUT-

IN

57-58 Cross left in front of right, unwind half turn right.

Kick right forward, step right in place, touch left next to right 61&62

Step forward left, slide right next to left, step forward left

63-64 Step forward right, pivot half turn left

Jump in place both feet apart, jump in place both feet together
Jump in place both feet apart, jump in place both feet together

REPEAT

TAG

Danced once only, after completing second wall

HEEL & HEEL & HEEL & HEEL &

Touch right heel forward, (&) step right in place
Touch left heel forward, (&) step left in place
Touch right heel forward, (&) step right in place
Touch left heel forward, (&) step left in place

The music fades at ending of this track. As the music stops you will finish the dance on counts 41-44 (cross & unwinds)

Low impact option for steps: 47-50

BACK, BACK, LEFT SHUFFLE BACKWARDS

47-48 Step back left, step back right

49&50 Step left foot back, slide right to left, step left foot back

Low impact option for steps: 65-66

OUT-OUT, IN-IN

Step right to right, step left to left (shoulder width apart)

Step right to center, step left to center