

Dixie Falls

拍數: 32 牆數: 4 級數: Beginner
編舞者: Gary Lafferty (UK)
音樂: I'm Falling Again - The Chicks



ROCK BACK, RECOVER, RIGHT SHUFFLE FORWARD ; ROCK FORWARD, RECOVER, LEFT SHUFFLE BACK

1-2 Rock back on right foot, recover weight onto left foot
3&4 Step forward on right foot, step on left foot beside right, step forward on right foot
5-6 Rock forward on left foot, recover weight onto right
7&8 Step back on left foot, step on right foot beside left, step back on left foot

ROCK BACK, RECOVER, SKATE RIGHT THEN LEFT ; RIGHT SHUFFLE FORWARD, SKATE LEFT THEN RIGHT

1-2 Rock back on right foot, recover weight onto left foot
3-4 Skate right foot forward (turning foot out), skate left foot forward (turning toes out)
5&6 Step forward on right foot, step on left foot beside right, step forward on right foot
7-8 Skate left foot forward (turning foot out), skate right foot forward (turning toes out)

CROSS-ROCK, RECOVER, SIDE-SHUFFLE ; CROSS-ROCK, RECOVER, SIDE-SHUFFLE

1-2 Cross-rock left foot over right, recover weight back onto right foot
3&4 Step to left on left foot, step on right foot beside left, step to left on left foot
5-6 Cross-rock right foot over left, recover weight back onto left foot
7&8 Step to right on right foot, step on left foot beside right, step to right on right foot

CROSS-ROCK, RECOVER, ¼ LEFT SHUFFLE ; STEP FORWARD, ½ TURN, ROCK FORWARD, RECOVER

1-2 Cross-rock left foot over right, recover weight back onto right foot
3&4 Step to left on left foot, step on right foot beside left, turn ¼ left stepping forward onto left foot
5-6 Step forward on right foot, pivot ½ turn to left
7-8 Rock forward on right foot, recover weight back onto left foot

REPEAT
