Diva Shuffle



拍數: 32 牆數: 4 級數: Improver

編舞者: Marilene Sisco (USA)

音樂: Poor Boy Shuffle - The Tractors



Diva Shuffle was choreographed for The Dancin' Divas; a bonafide, certified somewhat disorganized, official chapter of The Red Hat Society (who love to dance)

TRIPLE RIGHT, TRIPLE LEFT, TOUCH AND STEP RIGHT FOOT, TOUCH AND STEP LEFT FOOT

1&2	Step right turning ¼ right as	you step, step left foot slightly	behind and left of right foot, step
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right in place

3&4 Step left turning ½ left as you step, step right foot slightly behind and right of left foot, step left

in place

5-6 Touch right toes forward slightly while turning ¼ right, step right in place; at the same time

touch/tip right brim of hat(imaginary or real) with right hand

7-8 Touch left toes beside right foot, step left beside right; at the same time, touch/tip left brim of

hat(imaginary or real) with left hand

KICK-BALL-CHANGE RIGHT, STOMP RIGHT, HOLD POINT LEFT, STEP BACK LEFT, POINT RIGHT, STEP BACK RIGHT TURNING 1/4 RIGHT

1&2	Kick right foot forward, step right, step left beside right
IUL	Mich Hallt 100t 101 Wald, Steb Hallt, Steb left beside Hallt

3-4 Stomp right foot forward, hold

5-6 Point left foot to left side, step left foot back

7-8 Point right foot to right side, make ¼ turn right as you step on right foot

STOMP LEFT FOOT, STEP LEFT, CLAP, HITCH RIGHT KNEE, TWIST LEFT, TWIST RIGHT, TWIST BACK TO CENTER, TOUCH RIGHT FOOT BESIDE LEFT

1-2	Stomp	left foot,	, step	left f	oot in	place

3-4 Clap, hitch right knee/leg

5-6 Twist both feet left(balls of feet), twist both feet right(balls of feet)

7-8 Twist back to center with weight on left foot, touch right foot beside left

DO THE HOKEY POKEY AND PADDLE YOURSELF AROUND(1/2 LEFT)

5-8 will accomplish ½ turn left(optional: waving jazz hands in air at shoulder level adds a cute touch)		
8&	Rock on ball of right foot to right side, turning slightly left shifting weight to left foot	
7&	Rock on ball of right foot to right side, turning slightly left shifting weight to left foot	
6&	Rock on ball of right foot to right side, turning slightly left shifting weight to left foot	
5&	Rock on ball of right foot to right side, turning slightly left shifting weight to left foot	
3-4	Point right foot and right arm/hand backward, hold	
1-2	Point right foot and right arm/hand forward, hold	

REPEAT

TAG

After the 8th repetition. The tag is the same steps as first 15 counts of Diva Shuffle with one change at count 16

TRIPLE RIGHT, TRIPLE LEFT, TOUCH AND STEP RIGHT FOOT, TOUCH AND STEP LEFT FOOT

1&2 Step rig	ght turning ¼ right as you step,	step left foot slightly behind	and left of right foot, step
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right foot in place

3&4 Step left turning ½ left as you step, step right foot slightly behind and right of left foot, step left

foot in place

5-6 Touch right toes forward slightly while turning ¼ right, step right foot in place; at same time

touch/tip right brim of hat(imaginary or real) with right hand

7-8 Touch left toes beside right, step left foot beside right foot; at same time, touch/tip left brim of hat(imaginary or real) with left hand

KICK-BALL-CHANGE RIGHT, STOMP RIGHT, HOLD POINT LEFT, STEP BACK LEFT, POINT RIGHT, TOUCH RIGHT BESIDE LEFT

1&2	Kick right foot forward, step right, step left beside right
3-4	Stomp right foot forward, hold
5-6	Point left foot to left side, step left foot back
7-8	Point right foot to right side, touch right foot beside left(remain facing wall where dance
	began)