

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Margaret Murphy (AUS)  
音樂: The Bad Touch - Bloodhound Gang



## HIP BUMPS, STEPPING SLIGHTLY FORWARD RIGHT-LEFT-RIGHT-LEFT

1&2      Step right foot forward pushing hips forward twice  
3&4      Step left forward pushing hips forward twice  
5&6      Step right foot forward pushing hips forward twice  
7&8      Step left foot forward pushing hips forward twice

## RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE, ½ RIGHT, STEPPING RIGHT, LEFT. HEEL SWITCHES

1&2      Step right foot behind left, step left to left side, step right to right side  
3&4      Step left foot behind right, step right to right side, step left foot to left side  
5-6      ½ turn right, stepping right, left, left  
7&8      Right heel forward, jump back onto right foot, & left heel forward

## HIP BUMPS, STEPPING SLIGHTLY FORWARD RIGHT-LEFT-RIGHT-LEFT

1&2      Step right foot forward pushing hips forward twice  
3&4      Step left forward pushing hips forward twice  
5&6      Step right foot forward pushing hips forward twice  
7&8      Step left foot forward pushing hips forward twice

## RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE, ½ TURN RIGHT, STEPPING RIGHT, LEFT. HEEL SWITCHES

1&2      Step right foot behind left, step left to left side, step right to right side  
3&4      Step left foot behind right, step right to right side, step left foot to left side  
5-6      ½ Turn right, stepping, right, left  
7&8      Right heel forward, jump back onto right foot, & left heel forward

## ANKLE ROCKS, CROSSOVERS

1-2      Cross right foot over left at ankles, rock on ankles to left  
3&4      Rock on ankles right, left, right., weight is on left  
5&6      Keeping right in front of left, step on ball of right foot to left side, & step onto left, step on ball of right foot  
&7&8      Step onto left, step on ball of right foot, and step onto left. Step onto ball of right foot

## ANKLE ROCKS, CROSSOVERS

1-2      Cross left foot over right at ankles, rock on ankles to right  
3&4      Rock on ankles, left, right, left  
5&6      Repeat crossover steps as before  
&7&8      Traveling to the right

## SAMBA STEP RIGHT, SAMBA STEP LEFT, ROCK FORWARD & BACK, FULL TURN RIGHT

1&2      Step right foot to right side, step on left, step onto right, slightly forward  
3&4      Step left foot to left side, step onto right, step onto left, slightly forward  
5-6      Rock forward on right foot., recover weight on left  
7&8      Full turn to the right triple step stepping right, left, right

## SAMBA STEP LEFT, SAMBA STEP RIGHT, ROCK FORWARD & BACK, 1 ¼ LEFT

1&2      Step left foot to left side, step onto right, step onto left slightly forward

3&4 Step right foot to right side, step onto left, step onto right slightly forward  
5-6 Rock forward on left foot, recover weight on right  
7&8 1/4 to the left triple step stepping left, right, left

**REPEAT**

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