

Disco Inferno

拍數: 32 牆數: 2 級數: Improver
編舞者: Ernst Roggeveen
音樂: Disco Inferno - Tina Turner



HEEL-BALL STEP, WALK, TOUCH, 4X SWIVELS

- 1&2 Touch right heel forward, recover right foot next to left foot, step left foot forward
3-4 Step right foot forward, touch left foot forward
5-6 Swivel left foot behind right foot while turning right heel in, swivel right foot behind left foot while turning left heel in
7-8 Swivel left foot behind right foot while turning right heel in, swivel right foot behind left foot while turning left heel in

VINE FULL TURN, AND CLAP TWICE

- 9-10 Step right foot turning to the right $\frac{1}{4}$, step left foot turning to the right $\frac{1}{4}$
11-12 Step right foot to the side turning $\frac{1}{2}$ to the right, clap
13-14 Step left foot turning to the left $\frac{1}{4}$, step right foot turning to the left $\frac{1}{4}$
15-16 Step left foot to the side turning $\frac{1}{2}$ left, clap hands

TOE-HEEL TWICE, STEP OUT 2X, STEP IN 2X

- 17-18 Step forward on right toe, put right heel down
19-20 Step forward on left toe, put left heel down
21-22 Step right foot out, step left foot out
23-24 Step right foot in, step left foot in

During counts 17-20 make a rotating movement with hands with thumbs up

2X TOE-HEEL, TOUCH HEEL 2X, SKATE 2X

- 25-26 Step forward on right toe, put right heel down turning $\frac{1}{2}$ to left snapping fingers
27-28 Step left foot to left on toe, put left heel down snapping fingers
29-30 Touch right heel with left hand on inside, touch right heel with right hand on outside
31-32 Skate right foot to right pointing finger up, skate left foot to left pointing finger up

REPEAT

TAG

After 8th wall, take a disco pose for 4 counts before restarting the dance