

Disco Inferno

COPPERKNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gerda Klein (NL)
音樂: Disco Inferno - Saturday Night Fever Musical Cast



Start on the chorus: Burn Baby...

DIAGONAL STEP FORWARD, LOCK BEHIND, DIAGONAL LOCK STEP FORWARD, SWIVEL LEFT, RIGHT, LEFT, RIGHT, ¼ SWIVEL TURN RIGHT WITH HITCH

- 1 Step right foot diagonal forward
- 2 Lock left foot behind
- 3 Step right foot diagonal forward
- & Lock left foot behind
- 4 Step right foot diagonal forward
- 5 Side step left foot to left (2nd position), swivel heels left
- 6-7 Swivel heels right, swivel heels left
- & Swivel heel right
- 8 Swivel left heel left, turn ¼ right, hitch right foot

Arm movement: on count 5, 6, 7 & 8 move bent arms in front of body to the left, right, left and right

SLOW MOTION WALK (2X), WALK (2X), SHUFFLE FORWARD

- 9-10 Step right foot forward
- 11-12 Step left foot forward
- 13 Step right foot forward
- 14 Step left foot forward
- 15 Step right foot forward
- & Step left foot together
- 16 Step right foot forward

SIDE, CROSS BEHIND, HEEL JACK, SHIMMY FORWARD AND BACK

- 17 Side step left foot to left
- 18 Cross right foot behind left
- & Step left foot diagonally back left
- 19 Touch right heel diagonally forward right
- & Step right foot to center
- 20 Step left foot forward
- 21-22 Shimmy shoulders, bent upper body forward (weight on left foot)
- 23-24 Shimmy shoulders, bent upper body back (weight on right foot)

SCOOT, HITCH, STEP BEHIND (4X), TOUCH BEHIND, ½ TURN LEFT, ¼ PADDLE TURN LEFT (2X)

- & Scoot right foot back, hitch left foot
- 25 Step left foot back
- & Scoot left foot back, hitch right foot
- 26 Step right foot back
- & Scoot right foot back, hitch left foot
- 27 Step left foot back
- & Scoot left foot back, hitch right foot
- 28 Step right foot back

Arm movement: snap fingers on count 25, 26, 27 and 28

- 29 Touch left foot back
- 30 Turn ½ left, weight to right foot

& Turn ¼ left, hitch right foot
31 Touch right foot side right
& Turn ¼ left, hitch right foot
32 Touch right foot to side right

REPEAT

TAG

After the 8th wall

¼ PADDLE TURN LEFT (4X)

& Turn ¼ left, hitch right foot
1 Touch right foot side right
& Turn ¼ left, hitch right foot
2 Touch right foot side right
& Turn ¼ left, hitch right foot
3 Touch right foot side right
& Turn ¼ left, hitch right foot
4 Touch right foot side right
