

# Dirty Pop

拍數: 32  
編舞者: Junior Willis (USA)  
音樂: Pop - \*NSYNC

牆數: 4

級數: Intermediate/Advanced



## ROCK FORWARD, RECOVER, TOE, ¼ TURN LEFT, KICK, STEP, ROLL WITH THE BODY

- 1 Rock forward on the left foot
- 2 Recover with a step on the right foot
- 3 Place toe of left foot directly back
- 4 Turn ¼ left placing weight down on the left foot
- 5 Kick right leg in front of left
- 6 Step right foot beside left
- 7-8 Place hands on knees, leaning upper part of the body to the left, roll upper part of body around to the right and up

## KICK AND STEP, KICK AND STEP, SCUFF AND STEP, LUNGE AND STEP

- 1 Kick right foot forward (arms: hands in fist position, cross right arm over left and push arms straight out)
- & Bring right knee to a hitch position (arms: hands in fist position, pull arms back to side while bent at the elbows)
- 2 Step right foot down next to left (arms: hands in fist position, place arms straight down)
- 3 Kick left foot forward (arms: hands in fist position, cross right arm over left and push arms straight out)
- & Bring left knee to a hitch position (arms: hands in fist position, pull arms back to side while bent at the elbows)
- 4 Step left foot down next to right (arms: hands in fist position, place arms straight down)
- 5 Scuff right foot forward
- & Bring right knee to a hitch position
- 6 Step right foot down next to left
- 7 Lunge out to left, placing left ball out to left side
- 8 Step left foot next to right

## RUN TO THE RIGHT, ½ PIVOT LEFT, STEP, STEP, NOD HEAD UP AND BACK

### Moving to the right

- & Place ball of right foot slightly forward
- 1 Step on left foot
- & Place ball of right foot slightly back
- 2 Step on left foot
- & Place ball of right foot slightly forward
- 3 Step on left foot
- & Place ball of right foot slightly back
- 4 Step on left foot
- 5 Step right foot forward
- 6 Turn ½ turn to the left, placing weight on left foot
- & Step right foot next to left
- 7 Step left foot next to right
- & Nod head up
- 8 Nod head back to home position

## JAZZ ARMS WITH A KICK, TOES IN, HEELS IN, TOES IN, PUNCH

- 1 Place right fingers on left shoulder and left fingers on right shoulder
- & Place right fingers on right shoulder and left fingers on left shoulder

- 2 Bring arms down to side while placing hands in fist position
- & Bend arms at elbows (hands still in fist position) while hitching right knee
- 3 Leaning to the left, leave left arm bent, kick right leg out to right side while straightening right arm out to right side
- & Body back to home position, both arms bent at elbows, and right knee back to hitch position
- 4 Step right foot down while taking both arms down by side
- 5 (Moving to right) turn toes into each other
- 6 (Moving to right) turn heels into each other
- 7 (Moving to right) turn toes into each other
- 8 Leaning slightly to right, shifting weight to right foot, punch right arm diagonally down toward left foot (hand in fist position)

**REPEAT**

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