Dirty Pop

級數: Intermediate

編舞者: John Dembiec (USA)

音樂: Pop (Radio Edit) - *NSYNC

SAILOR, COASTER, 2 ½ PIVOTS

拍數: 48

- 1&2 Right step behind left, step left next to right, step right in place
- 3&4 Step left back, step right next to left, step left forward
- 5-6 Step right forward, pivot 1/2 turn left
- 7-8 Step right forward, pivot 1/2 turn left

2 KICK BALL STEPS, FULL TURNING BOX STEP

- 1&2 Kick right forward, step right in place, step left forward
- 3&4 Kick right forward, step right in place, step left forward
- 5-6 Step right forward with 1/4 turn to left, step left back with 1/4 turn left
- 7-8 Step right forward with 1/4 turn to left, step left back with 1/4 turn left

2 SIDE KICK BALL CROSS, LUNGE, ¼ TURN, STEP, ½ PIVOT

- 1&2 Kick right to side, step right next to left, step left across right
- 3&4 Kick right to side, step right next to left, step left across right
- 5-6 Lunge right to right, replace back to left with 1/4 turn to left
- 7-8 Step right forward, pivot ¹/₂ turn left (styling note: end in sitting position)

TOE POINTS, ¼ SWIVEL, ½ PIVOT, ½ RONDE, HOLD

- 1-2-3 Point left toe to left side, step left just behind right, point right toe to right side
- 4-5 Swivel 1/4 to right, pivot 1/2 to left (feet are apart these 2 steps; weight on left)
- 6-72 Count ronde ¹/₂ turn to left with right
- 8 Hold (styling note: in song when they say "pop", pop head up)

SHUFFLE, TOE TOUCHES, SHUFFLE, STEP, ½ PIVOT

- 1&2 Shuffle forward right, left, right
- 3-4 Touch left forward, touch left back
- 5&6 Shuffle forward left, right, left
- 7-8 Step right forward, pivot 1/2 to left

2 STEP LOCK STEPS, TOE TOUCHES, SWIVELS WITH 1/4 TURN

- 1-2& Step right forward 45 degrees right, step left behind right, step right forward
- 3-4& Step left forward 45 degrees left, step right behind left, step left forward
- 5-6 Touch right forward, touch right back
- 7&8 Swivel toes right, left, right making 1/4 turn to right

REPEAT

16 counts after the 4th wall, the music stops for 8 counts. Body roll down then up. Phrasing of this dance will make it easy to pick up on the break

Complete 1 wall after 1st tag. There are 4 extra counts. Open, close, open toes, swivels to left with a right toe touch behind left on count 4 (swing arms around and down to left on 4 also.) Then continue dance for the rest of the song





牆數: 4