

Dirty Laundry

拍數: 44 牆數: 4 級數:
編舞者: Sandra Mailman (CAN) & Dawn Randall (CAN)
音樂: Bill's Laundromat, Bar and Grill - Confederate Railroad



RIGHT GRAPEVINE AND ½ TURN RIGHT:

- 1 Step right
- 2 Step left foot behind right
- 3 Step right to right (pointing toe to right)
- 4 Make ½ turn to right

FORWARD STEPS AND KICK:

- 5-7 Step forward left-right-left
- 8 Kick right

RIGHT BACK AT 45, TOUCH LEFT, STEP FORWARD AND KICK:

- 9 Place right behind at 45 degrees
- 10 Touch left toe beside right heel
- 11 Step left foot forward
- 12 Kick right foot

RIGHT BACK AT 45, TOUCH LEFT, FORWARD LEFT AND RIGHT

- 13 Place right behind at 45 degrees
- 14 Touch left toe beside right heel
- 15 Step forward on left
- 16 Place right in front of left

PIVOT ¼ TURN LEFT:

- 17 Pivot ¼ turn to left

JAZZ SQUARE RIGHT OVER LEFT:

- 18 Cross right foot over left
- 19 Step back left
- 20 Step back right
- 21 Step left beside right

JAZZ SQUARE RIGHT OVER LEFT:

- 22 Cross right foot over left
- 23 Step back left
- 24 Step back right
- 25 Step left beside right

While doing steps 18-25, do a washboard rub with both hands

LEFT FORWARD, RIGHT OVER LEFT AND UNWIND ½ TURN:

- 26 Step left forward
- 27 Cross right over left
- 28 Turn ½ turn (unwinding feet)

STEP WIDE RIGHT, SHIMMY AND TOUCH LEFT:

- 29 Step wide right
- 30 Shimmy upper body
- 31 Shimmy upper body

32 Touch left beside right

STEP WIDE LEFT, SHIMMY, AND TOUCH RIGHT:

33 Step wide left

34 Shimmy upper body

35 Shimmy upper body

36 Touch right beside left

RIGHT KICKS AND SHUFFLE IN PLACE:

37 Kick right foot out front

38 Kick right foot out to side

39&40 Right shuffle in place

LEFT KICKS AND SHUFFLE IN PLACE:

41 Kick left foot out front

42 Kick left foot out to side

43-44 Left shuffle in place

REPEAT
