

# Dirty Dancing

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Helen Hunt  
音樂: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



To start, count 16 beats on instrumental section, after vocal introduction

## SYNCOPATED WEAVE RIGHT, SIDE ROCK, CROSS SHUFFLE

1-2&      Step right to right side, step left behind right, step right to right side  
3&4      Step left in front right, step right to right side, step left behind right  
5-6      Rock right to right side, recover onto left  
7&8      Cross right over left, step left to left, cross right over left

## ¾ TURN, SHUFFLE FORWARD, ROCK FORWARD & BACK, COASTER BACK

1-2      Step back onto left turning ¼ right, pivot ½ right stepping forward on to right  
3&4      Shuffle forward left right left  
5-6      Rock forward on right, rock back onto left  
7&8      Step right back, step left beside right, step right forward

## TOE TOUCH FORWARD TWICE, PIVOT TURN, HIP BUMPS, KICK & POINT

1&2      Touch left toe forward, replace left beside right, touch right toe forward  
&3-4      Replace right beside left, step forward on left, pivot ½ to right stepping forward onto right  
5&6      Step forward onto left moving hips forward back forward  
7&8      Kick right forward, step right in place, touch left toe to left side

## SIDE ROCK, WEAVE, SIDE ROCK, STEP TOE TAP

1-2      Rock to left side on left, recover onto right

### Tag and restart goes here on wall 6

3&4      Step left behind right, step right to right side, cross left over right  
5-6      Rock to right side on right, recover onto left  
7-8      Step right beside left, touch left toe beside right

## KICK TOE TAP ¼ TURN, HIP BUMPS, KICK TOE TAP ¼ TURN, CROSS SHUFFLE

1&2      Kick left forward, replace left beside right turning ¼ to left, tap right toe beside left  
3&4      Step forward onto right pushing hips forward, back, forward  
5&6      Repeat steps 1&2  
7&8      Shuffle across to left stepping left right left

## ½ TURN RIGHT, VAUDEVILLES, WAIT

1-2      Step back on left turning ¼ right, step on right to right side turning ¼ right  
3&4      Step left over right, step back on right, touch left heel diagonally forward  
&5&6      Step left beside right, step right over left, step left back, touch right heel diagonally forward  
&7-8      Step right beside left, step left in place, wait for 1 count

**Knees will be slightly bent, you can do either a body roll or just straighten legs & click right fingers on count 8**

## PIVOT TURN, LOCK STEP SIDE TOUCH, BALL CROSS SIDE TOUCH, SAILOR

1-2      Step forward on left, pivot ½ to right stepping forward onto right  
&3-4      Lock left behind right, step forward on right, touch left toe to left side  
5&6      Step onto ball of left, step right over left, touch left toe to right side  
7&8      Sweep left behind right, step right in place, step left forward

## ROCK FORWARD & BACK, LOCK STEP, ROCK BACK & FORWARD, MAMBO LEFT

1-2 Rock forward on right, rock back on left  
3&4 Step right behind left, lock left in front right, step right back  
5-6 Rock back on left, recover onto right  
7&8 Rock left to left side, step right in place, step left over right

**REPEAT**

**RESTART**

**On the 6th wall, dance counts 1-26, then replace steps 27&28 with**

**27-28 Step left beside right, touch right beside left**

**Then restart dance from beginning**

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