

# Dirty Dancing

拍數: 36      牆數: 2      級數: Improver line/contra dance  
編舞者: Pat Reynolds (UK) & Amanda Reynolds (UK)  
音樂: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



## SIDE ROCK, RECOVER, CHA-CHA

1                  Rock to the left side on left foot  
2                  Rock back in place on the right foot  
3&4                Cha-cha-cha on the spot stepping left, right, left

## SIDE ROCK, RECOVER, CHA-CHA

5                  Rock to the right side on right foot  
6                  Rock back in place on left foot  
7&8                Cha-cha-cha on the spot stepping right, left, right

## FORWARD ROCK, RECOVER, CHA-CHA

9                  Rock forward on left foot  
10                 Rock back in place on right foot  
11&12             Cha-cha-cha on the spot stepping left, right, left

## BACK ROCK, RECOVER, CHA-CHA

13                 Rock back on right foot  
14                 Rock forward on left foot  
15&16             Cha-cha-cha on the spot stepping right, left, right

## STEP, PIVOT ½, STEP, PIVOT ½

17                 Step forward on left foot  
18                 Pivot ½ turn to the right  
19                 Step forward on left foot  
20                 Pivot ½ turn to the right

## GRAPEVINE LEFT, TOUCH/CLAP

21                 Step to the left on left foot  
22                 Cross right foot behind left  
23                 Step to the left on left foot  
24                 Touch right toe next to left and clap

## GRAPEVINE RIGHT, TOUCH/CLAP

25                 Step to the right on right foot  
26                 Cross left foot behind right  
27                 Step to the right on right foot  
28                 Touch left toe next to right and clap

## ¼ TURN, KICK, ¼ TURN WITH FLICK, STOMP

29                 Step ¼ turn to the left on left foot  
30                 Kick right foot forward  
31                 Pivot ¼ turn to the left on left foot and flick right heel back at the same time  
32                 Stomp right foot next to left

## HIP ROLLS (OR HIP BUMPS)

33-36             Roll hips in a circular motion to the left (two full rolls)  
An alternative move to the hip rolls is Bump the hips left, right, left, right

REPEAT

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