

Dirty

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Scott Blevins (USA)
音樂: Dirty - Christina Aguilera



BUMP HIPS BACK, BUMP HIPS FORWARD, PRESS TURN LIFT, CROSS FULL TURN

1-2 Stepping right back slightly, bump hips back twice
3-4 Bump hips forward twice
5-6 Press right toe forward and with quarter to left lift onto left toes & bring knee up
7&8 Cross right over left, step left to side, full turn to right ending with weight on right

ROCK & CROSS, QUARTER HALF CROSS, ROLL, ROLL, ROLL & ROLL

1&2 Rock left to side, recover, cross left over right (looking over left shoulder)
3&4 Step right to side with quarter right, step left to side with half right, cross right over left
5&6 Touch left diagonally forward, roll knee out twice (pressing on ball of foot with knee bent)
7&8 Take weight onto right-left-right (Elvis knees) ending with weight on right with knee bent

STEP HALF TURN, BUMP & BUMP, & TOUCH KICK, THREE QUARTER TOUCH

1-2 Step left forward, half turn to right stepping right to side
3-4 Bump hips twice to right taking weight
&5-6 Switch weight to left, touch right toe diagonally back, kick right across left
7&8 With quarter to right step right forward, spin half right, touch left to side

KICK & TOUCH, HIP & SHAKE, STEP, STEP PIVOT, TURN & TOUCH

1&2 Kick left forward, step left in place, touch right forward bending left knee (sit)
3&4 (Easy) lift right hip twice (or shake it) ending with right knee lift
5-6 Step right forward, step left forward
7&8 Pivot half right, take weight onto left as you turn half again, touch right next to left

REPEAT

TAG

After 7th wall, before you start again at 3:00

1 Step right to side with right elbow bent & stuck out
2 Bend right knee & bring right elbow down
3 Straighten up right leg & straighten right arm straight up
4 Pull weight back onto bent left with right straight angling to right corner
5-6 Push chest forward & shoulders back twice angling to the right
7&8 Rock right behind, recover, touch to side