

Dirty

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Leonie Reid (UK)
音樂: Dirty - Christina Aguilera



FORWARD ROCK STEP, CROSS UNWIND, SAILOR ¼ TURN, CROSS UNWIND

- 1&2 Step forward on right foot, recover on left, step right next to left
3-4 Cross left over right, unwind full turn swinging right leg out and behind the left foot
5&6 Step left behind right, step right foot to right side, turning ¼ to the left, step left beside right
7&8 Cross left behind right, unwind full turn

TRIPLE TURN TWICE, PIVOT ½ TURN STEP, SHUFFLE TURN

- 1-2& Step right forward, step back on left making ½ turn right, step forward on right making ½ turn right
3-4& Step left forward, step back on right making ½ turn left, step forward on left making ½ turn left
Option: instead of the triple turns, you can do 2 forward shuffles
5&6 Step forward on right, pivot ½ turn, moving weight to left foot, step forward on right
7&8 Step back on left foot making ½ turn to the right, step forward on right making ½ turn right
step left beside right

KICK AND POINT, ROCK AND TURN, CROSS, BACK, QUICK CHANGE POINT

- 1&2 Kick forward on right, step right next to left, point left foot to left side
3&4 Step forward on left, recover on right, step forward on left, making ½ turn to the left
5-6 Cross left over right, step back on left
7&8 Step right to right side, cross left over right, point to right side

FORWARD ROCK STEP ¼ TURN, TURNING SHUFFLE, FORWARD ROCK STEP, SLIDE STEP

- 1&2 Step forward on right, recover on left, step ¼ turn to right on right
3&4 Step back on left foot making ½ turn to the right, step forward on right making ½ turn right
step left beside right
5&6 Step forward on right, recover on left, step right beside left
7-8 Step back on left, drag right foot next to left

BUMPS TO TURN A FULL TURN

- 1&2 Bump right left right turning ½ turn
3&4 Bump left right left
5&6 Bump right left right turning ½ turn
7&8 Bump left right left

ROCK, 1 ½ TURNING SHUFFLE, CROSSING SHUFFLE, BEHIND UNWIND

- 1-2 Step forward on right, recover on left
3&4 Step forward on right making ½ turn right, step back on left making ½ turn right, step forward on right making ½ turn right
5&6 Cross right over left, step left to left side, cross right over left
7-8 Cross right foot behind left unwind ¾ turn right

POINT AND POINT AND KICK, CROSS, STEP, SKATE TWICE, TURNING SHUFFLE

- 1&2& Point right to right side, step right next to left, point left to left side, step left
3&4 Kick the right foot forward, cross right over left, step back on left
5-6 Slide right to right corner, slide left to left corner
7&8 Step back on right foot making ½ turn to the left, step forward on left making ½ turn left, step right beside left

FORWARD ROCK AND SIDE ROCK, SHUFFLE FORWARD, QUICK CHANGE UNWIND FULL TURN

12& Step left forward, recover on right, step left next to right
3-4 Step right to right side, recover on left
5&6 Step forward on right, step left next to right, step forward on right
&7-8 Step left next to right, cross right foot behind left unwind full turn

REPEAT

RESTART

After hip bumps on 6th wall begin dance again
