

Dimelo

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jos Slijpen (NL)
音樂: Dimelo (Ping-Pong Song) (Spanish Version) - Enrique Iglesias



LEFT CROSS STEP, RIGHT SIDE, LEFT CROSS SHUFFLE, RIGHT SIDE ROCK, ¼ TURN RECOVER, RIGHT FORWARD SHUFFLE

1-2 Cross step left over right, step right to right side
3&4 Cross step left over right, step right to right side, cross step left over right
5-6 Rock right out to right side, make ¼ turn left recovering weight on left
7&8 Shuffle forward stepping right-left-right (9:00)

LEFT FORWARD ROCK, RECOVER, LEFT BACK SHUFFLE, ½ TURN RIGHT, ¼ TURN RIGHT, RIGHT SIDE SHUFFLE

1-2 Rock forward on left, recover weight on right
3&4 Shuffle back stepping left-right-left
5-6 Make ½ turn right stepping forward on right, make ¼ turn right stepping left to left side
7&8 Step right to right side, step left together, step right to right side (6:00)

LEFT CROSS STEP, LOCK BEHIND, LEFT CROSS SHUFFLE FORWARD, RIGHT SIDE ROCK, RECOVER, RIGHT CROSS SHUFFLE

Turn body diagonally right and move diagonally forward

1-2 Cross step left over right, lock right behind left
3&4 Step left diagonally forward right, lock right behind left, step left diagonally forward right
5-6 Side rock right, recover weight on left

Turn body diagonally left and move diagonally forward

7&8 Cross step right over left, lock left behind right, step right diagonally forward right

LEFT SIDE ROCK, RIGHT ¼ TURN RECOVER, LEFT FORWARD SHUFFLE, RIGHT FORWARD ROCK, RECOVER, HEEL SWITCHES

1-2 Rock left out to left side, make ¼ turn right recover weight on right
3&4 Step forward left, step right together, step forward left
5-6 Rock forward on right, recover weight on left
&7 Step right beside left, touch left heel forward
&8 Step left beside right, touch right heel forward, (9:00)

& TOGETHER, LEFT FORWARD ROCK, RECOVER, TRIPLE ¾ TURN LEFT, SIDE RIGHT, CROSS, SIDE-CROSS-SIDE

&1-2 Step right beside left, rock forward on left, recover weight on right
3&4 Left triple step in place turning ¾ turn left stepping left, right, left
5-6 Step right to right side, cross step left over right
7&8 Step right to right side, step left beside right, step right to right side (12:00)

LEFT CROSS ROCK, RECOVER, CHASSE LEFT, RIGHT CROSS, LEFT SIDE STEP, CROSS SHUFFLE

1-2 Cross rock left over right, recover weight on right
3&4 Step left to left side, step right beside left, step left to left side
5-6 Cross step right over left, step left to left side
7&8 Cross step right over left, step left to left side, cross step right over left (12:00)

LEFT SIDE ROCK, RECOVER, LEFT TRIPLE FULL TURN, RIGHT FORWARD ROCK, RECOVER, ¼ TURN RIGHT & RIGHT SIDE SHUFFLE

1-2 Rock left out to left side, recover weight on right

3&4 Left triple step in place turning full turn left stepping left, right, left (12:00)
5-6 Rock forward on right, recover weight on left
7&8 Make $\frac{1}{4}$ turn right and step right to right side, step left beside right, step right to right side (3:00)

LEFT FORWARD ROCK, RECOVER, LEFT SHUFFLE $\frac{1}{2}$ TURN LEFT, RIGHT FORWARD ROCK, RECOVER, TRIPLE FULL TURN RIGHT

1-2 Rock forward on left, recover weight on right
3&4 Make $\frac{1}{2}$ turn left stepping left, right, left
5-6 Rock forward on right, recover weight on left
7&8 Right triple step in place turning full turn right stepping right, left, right (9:00)

REPEAT
