Dime Box

拍數: 32

級數: Improver west coast swing

編舞者: Judy Cain (USA)

音樂: Dime Box, Texas - K Wilder

HEEL STEPS, FAN ¼ RIGHT TURN, SIDE ROCK STEP CROSS

- 1-4 Right heel forward and bring it back stepping beside left, left heel forward & close
- 5-6 Right heel forward, fan right toe to make a ¼ right turn and step down on ball of right
- 7&8 Step left to left side, right in place, left crossing over right

OPEN ROCK CROSS, SYNCOPATED VINE

- 1&2 Step right to right, left in place, right crossing over left
- 3&4 Step left to left, right in place, left crossing over right
- 5-6 Step right to right, left behind right
- 7&8 Right to right, left over right, right to right

HIPPY WALKS BACKWARD, ROCK STEP

- 1&2 Step back on left while pushing left hip to left (open body slightly to face left), shift weight forward with hip, shift weight back with hip
- 3&4 Step back on right while pushing right hip to right (open body slightly to face right), shift weight forward with hip, shift weight back with hip
- 5&6 Step back on left while pushing left hip to left (open body slightly to face left), shift weight forward with hip, shift weight back with hip
- 7-8 Step back on right, step forward on left

POINT STEPS 2 SLOW 2 FAST 1/4 RIGHT TURN, HEEL BALL CHANGE

- 1-2 Point right to right, step right slightly forward
- 3-4 Point left to left, step left slightly forward
- 5&6& Point right to right, step right, point left to left, step left making a 1/4 right turn
- 7-8 Right heel forward, step on ball of right, step forward on left

REPEAT

RESTART

Restart on wall #7 after 1st 8 counts and this will change your walls





牆數:2