

Dilemma

拍數: 48 牆數: 0 級數:
編舞者: Peter Fry (AUS)
音樂: Complicated - Carolyn Dawn Johnson



- 1&2& Cross left over right, step right to right side, replace weight back onto left, step right beside left
- 3-4 Step left to left side, replace weight back onto right
- 5&6& Cross left over right, step right to right side, replace weight back onto left, step right beside left
- 7-8 Step left to left side, replace weight back onto right and slightly forward
- 1-2-3&4& Rock forward on left, replace back onto right, $\frac{1}{2}$ turn shuffle left, $\frac{1}{4}$ turn left & step right to right side
- 5-6& Touch left toe behind right, unwind $\frac{3}{4}$ turn left weight left, step right to right side
- 7&8 Cross left over right, step right to right side, touch left toe to left side
- &1-2 Step left slightly behind right, cross right over left, unwind $\frac{3}{4}$ turn left weight ends on right
- 3-4& Sweep left around & step back, sweep right around step back, kick left forward to left 45 degrees
- 5&6-7 Step left back, kick right forward to right 45 degrees, step right back, replace weight back to left
- &8 $\frac{1}{4}$ turn left & step right back, step left back
- 1-2-3 Replace weight onto right, cross step left over right twisting right, cross step right over left twisting left
- &4-5-6 Lock left behind right, step right forward at left 45 degrees, twist right crossing left over right, twist left crossing right over left
- 7&8 Twist right crossing left over right, lock left behind right, step left forward to right 45 degrees
- &1-2-3 Step right to right side, step/rock left behind right, replace weight to right, step left to left to left side
- 4&5-6 Step right behind left, $\frac{1}{4}$ turn left stepping left forward, step right forward, $\frac{1}{2}$ pivot turn left
- 7-8 Replace weight back to right, step left back
- &1-2-3 Step right beside left, step left forward, $\frac{1}{4}$ turn left stepping right to right side, kick left to left side
- &4-5-6 Step left behind right, $\frac{1}{4}$ turn right step right forward, step left forward, $\frac{1}{2}$ pivot turn right
- 7-8 $\frac{1}{4}$ pivot turn right stepping left to left side, rock back onto right

REPEAT