

Dilemma

拍數: 32 牆數: 4 級數: Intermediate / Advanced
編舞者: Dave Morgan (UK)
音樂: Breathe Again - Toni Brixton



DOROTHY STEPS, ROCKING CHAIR, ½ TURN RIGHT

1-2& Step right forward 45 degrees right, step left behind right, step right beside left
3-4& Step left forward 45 degrees left, step right behind left, step left beside right
5&6& Rock forward on right, recover weight on left, rock back on right, recover weight on left
7&8 Rock forward on right, recover weight on left making ½ turn right, step right forward

ROCK FORWARD, BACK, 1 ½ TURN BACK, STEP ½ PIVOT, LUNGE & TORQUE

9-10 Rock forward on left, recover weight on right, preparing to turn left
11&12 Make ½ turn left stepping on left, make ½ turn left stepping back on right, make ½ turn left stepping forward on left

You will have completed 1 ½ turn traveling back

13-14 Step right forward, pivot ½ turn left
15&16 Lunge forward on ball of right, recover weight on left, step right foot back into 3rd position, while pointing left toe forward with heel raised

Body will be angled right

STEP FORWARD, RONDE ¾ TURN LEFT, SWEEP RIGHT OUT FRONT TO BACK, SWAY AND POINT

&17-18 Step left forward, on ball of left make ¾ turn left, sweeping right foot out and around
19-20 Sweep right out to right side, front to back stepping weight onto right
21-22-23 Stepping left to left side sway hips left, right, left
&24 Step right behind left, point left out to left side

CROSS, BACK, BACK, ROCK RIGHT, ¼ LEFT, 1 ½ TURN FORWARD, ROCK BACK AND TOGETHER

25&26 Cross left in front of right making ¼ turn left, step back right, step back left
27-28 Rock right to right side, recover weight onto left making ¼ turn left
29&30 Step right forward making ½ turn left, make ½ turn left stepping left forward, make ½ turn left stepping back right
31&32 Rock back on left, recover weight on right, step left beside right

REPEAT

Last Update - 26 Nov. 2020