

# Dig This

拍數: 32      牆數: 4      級數: Improver  
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音樂: Chicks Dig It - Chris Cagle



Hold 16 counts before beginning when using "Chicks Dig It"

## RIGHT CROSS TWICE, SYNCOPATED GRAPEVINE LEFT, $\frac{3}{4}$ TURN RIGHT, 3 LEFT TAPS

1&2      Cross right over left, small step left to left side, cross right over left  
&3      Step left to left side, cross right behind left  
&4      Step left to left side, cross right in front of left  
&5      Step left to left side, cross right behind left  
6      Unwind  $\frac{3}{4}$  turn right  
7&8      Three toe taps with left (start next to right and move taps left)

## HEAD POP LEFT, STOMP, STEP, $\frac{1}{2}$ TURN LEFT, RIGHT SCUFF, STOMP, 3 LEFT TAPS

Think hip-hop

1      Head snaps left to left shoulder (while extending left arm left)  
2      Stomp left next to right (and snap left hand down over left knee)  
3      Step forward right  
4       $\frac{1}{2}$  turn left (keep this move "choppy" like hip-hop)  
5      Scuff right (while right hand mimics this circular motion above the right knee)  
6      Stomp right (and snap right hand down over right knee)  
7&8      Three toe taps with left (start out to left side and move taps in next to right)

## SIDE, SLIDE $\frac{1}{4}$ TURN LEFT, LEFT KICK BALL CROSSES, SWIVELS WITH $\frac{1}{4}$ TURN LEFT

1      Step right to right side  
2      Slide left next to right while turning  $\frac{1}{4}$  left  
3&4      Kick left forward, step left slightly back, cross right over left  
5&6      Kick left forward, step left slightly back, step right in front of left  
7&8      With weight on both toes, swivel heels right, left, right with a  $\frac{1}{4}$  turn left

Toes should now be facing forward, shoulder width apart

## "TRAVELING APPLEJACKS", STOMPS, SWIVELS WITH SNAPS

1&      Left heel left (on 1), right heel left (on the &) (this should be a fluid movement)  
2&      Left toe left (on 1), right toe left (on the &)  
3&      Left heel left (on 1), right heel left (on the &)  
4&      Left toe  $\frac{1}{2}$  left (on 1), right toe  $\frac{1}{2}$  left (on the &)

Toes should now be facing forward, shoulder width apart

5&      Two right stomps  
6      Swivel right heel right (while extending right arm up right and snapping)  
&      Swivel right heel left (while bringing right hand toward waist)  
7      Swivel right heel right (while extending right arm down right and snapping)  
&      Swivel right heel left (while bringing right hand toward waist)  
8      Swivel right heel right (while extending right arm up right and snapping)

## REPEAT

When using "Chicks Dig It", after the chorus is played the 2nd time (after 6 times through) you will dance all the way through 1 more time, then only  $\frac{1}{2}$  way through (counts 1-16) and start the dance over at the beginning of the 3rd time the chorus is played. (the chorus begins "Scars heal, glory fades....")