

拍數: 0 牆數: 1 級數: Intermediate

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Sequence: A, B, A, C, A, C, A, 8-count tag, C

PART A

FORWARD ROCK, BACK ROCK, SIDE ROCK, STOMP, HOLD

1-4 Rock forward right, recover weight to left, rock back on right, recover weight to left

5-8 Step right to right, recover weight to left, stomp right next to left, hold

FORWARD ROCK, BACK ROCK, SIDE ROCK, STOMP, HOLD & CLAP

1-4 Rock forward left, recover weight to right, rock back on left, recover weight to right 5-8 Step left to left, recover weight to right, stomp left next to right, hold and clap

DIAGONAL STEP SLIDE'S RIGHT, CLAP, DIAGONAL STEP SLIDES LEFT, CLAP

1-4 Step right diagonally forward, step left next to right, step right diagonally forward, touch left

next to right and clap

5-8 Step left diagonally forward, step right next to left, step left diagonally forward, touch right

next to left and clap

STEP 1/4 RIGHT, TOUCH CLAP, SIDE, TOUCH CLAP, 1/4 RIGHT STEP, TOUCH CLAP, STOMP FORWARD, HOLD

1-4 Step right ¼ turn right, touch left to right and clap, step left to left side, touch right next to left

and clap

5-8 Step right ¼ turn right, touch left next to right and clap, stomp left forward, hold

SIDE ROCK, CROSS, HOLD, SIDE ROCK, CROSS HOLD

Step to right, recover weight to left, cross right in front of left and step, hold
Step to left, recover weight to right, cross left in front of right and step, hold

VINE RIGHT, HOLD, VINE LEFT WITH 1/4 TURN LEFT, HOLD

Step to right with right, cross left behind right and step, step right to right, hold

Step left to left, cross right behind left and step, step left to left with ¼ turn left, hold

SIDE ROCK, CROSS, HOLD, SIDE ROCK, CROSS, HOLD

Step to right, recover weight to left, cross right in front of left and step, hold 5-8 Step to left, recover weight to right, cross left in front of right and step, hold

VINE RIGHT, HOLD, VINE LEFT WITH 1/4 TURN LEFT, HOLD

Step right to right, cross left behind right and step, step right to right, hold
 Step left to left, cross right behind left and step, step left ¼ turn left, hold

SKATE RIGHT, HOLD, SKATE LEFT, HOLD, SKATE RIGHT, HOLD

1-6 Skate right forward, hold, skate forward left, hold, skate forward right, hold

END OF PART A

TAG

On last sequence of Part A, you need to insert vine right, hold, vine left, hold before counts 41-48

PART B

ROCK FORWARD, RECOVER, STEP BACK, HOLD, ROCK BACK, RECOVER, STEP FORWARD, HOLD

1-4 Rock forward left, recover weight to right, step back left, hold 5-8 Rock back right, recover weight to left, step forward right, hold

ROCK FORWARD, RECOVER, STEP BACK, HOLD, ROCK BACK, RECOVER, STEP FORWARD, STEP LEFT NEXT TO RIGHT

1-4 Rock forward left, recover weight to right, step back left, hold

5-8 Rock back right, recover weight to left, step forward right, step left next to right

PART C

STEP, LOCK, STEP, HOLD, STEP, HOLD, ½ TURN LEFT, HOLD

1-4 Step forward left, lock right behind left, step forward left, hold 5-8 Step forward right, hold, ½ turn left (weight on left), hold

STEP, LOCK, STEP, HOLD, STEP, HOLD, ½ TURN LEFT, HOLD

Step forward right, lock left behind right, step forward right, hold
Step forward left, hold, ½ turn right (weight on right), hold

FULL TURN, LEFT PADDLE TURN

1-4 Step into ¼ turn left with left (toe turned out), step ball of right to side, step into ¼ turn left,

step ball of right to side

5-8 Step into ¼ turn left, step ball of right to side, step into ¼ turn left, hold

FULL TURN, RIGHT PADDLE TURN

1-4 Step into ¼ turn right with right toe turned out, step ball of left to side, step into ¼ turn with

right, step ball of left to side

5-8 Step into ¼ turn right with right, step ball of left to side, step into ¼ turn right with right, hold

CROSS ROCK, RECOVER, STEP, HOLD, CROSS ROCK, RECOVER, STEP HOLD

1-4 Cross left in front of right and step, recover weight to right, step left next to right, hold 5-8 Cross right in front of left and step, recover weight to left, step right next to left, hold

STEP, ½ TURN, STEP, HOLD, STEP, ½ TURN, STEP, HOLD

1-4 Step forward left, ½ turn right (weight right), step left together, hold 5-8 Step forward right, ½ turn left (weight left), step right together, hold

ROCK FORWARD, RECOVER, STEP BACK, HOLD, ROCK BACK, RECOVER, STEP FORWARD, HOLD

1-4 Rock forward left, recover weight to right, step back left, hold 5-8 Rock back right, recover weight to left, step forward right, hold

FORWARD, LOCK, FORWARD, HOOK RIGHT BEHIND LEFT, BACK, CROSS, BACK, STEP

Step forward left, lock right behind and step, step forward left, hook right foot behind left knee
 Step back right, cross left in front of right and step, step back right, step left next to right