

Diamond Twist

拍數: 40 牆數: 4 級數: Improver
編舞者: Gloria Johnson (USA)
音樂: A Matter of Love - Neil Diamond



HEEL TWISTS

- 1- 2 Twist both heels to the right; twist both toes to the right
3- 4 Twist both heels to the right; twist both toes to the right
- 5- 6 Twist both toes to the left; twist both heels to the left
7- 8 Twist both toes to the left; twist both heels to the left

GRAPEVINE RIGHT WITH ½ TURN & HITCH

- 9-11 Vine right (step right foot to right side; step left foot behind right; step right foot to right side)
12 Turn ½ turn to the right and hitch left leg

GRAPEVINE LEFT & STOMP

- 13-15 Vine left (step left foot to left side; step right foot behind left; step left foot to left side)
16 Stomp right foot next to left

HEEL TWISTS

- 17- 18 Twist both heels to the right; twist both toes to the right
19- 20 Twist both heels to the right; twist both toes to the right
- 21- 22 Twist both toes to the left; twist both heels to the left
23- 24 Twist both toes to the left; twist both heels to the left

GRAPEVINE RIGHT WITH ½ TURN & HITCH

- 25-27 Vine right (step right foot to right side; step left foot behind right; step right foot to right side)
28 Turn ½ turn to the right and hitch left leg

GRAPEVINE LEFT & STOMP

- 29-31 Vine left (step left foot to left side; step right foot behind left; step left foot to left side)
32 Turning ¼ turn to the left on ball of left foot... Stomp right foot next to left

WALKING TO AND FRO

- 33-35 Walk forward on right, left, right
36 Kick left foot forward
- 37-39 Walk backward stepping on your left, right, left
40 Stomp right foot next to left

REPEAT