

Diamond

拍數: 64 牆數: 4 級數:
編舞者: Karen Larkin (UK)
音樂: Smack Dab in the Middle - George Jones



ROCK STEP, CROSS SHUFFLE, TOE TOUCHES TO LEFT & RIGHT

- 1-2 Rock diagonally back on to right, rock weight forward on to left
- 3&4 Cross step right over left, step left to left side, cross step right over left
- 5-6 Touch left toe to left side, step left in place beside right
- 7-8 Touch right to right side, step right in place beside left

LEFT FORWARD SHUFFLE, ½ PIVOT TURN LEFT, SIDE ROCKS

- 9&10 Step forward on to left, step right beside left, step forward on to left
- 11-12 Step forward on to right, hold
- 13-14 With weight on ball of right foot make ½ pivot turn to left stepping on to left, hold
- 15-16 Rock right to right side, rock weight back on to left

¼ MONTEREY TURN, TOE HEELS STRUTS TRAVELING RIGHT X 4

- 17-18 Touch right to right side, make ¼ turn to right on ball of left foot, stepping in to right
- 19-20 Touch left to left side, step left in place
- 21-22 Step ball of right foot to right side, drop right heel
- 23-24 Cross ball of left foot over right, drop left heel
- 25-26 Step ball of right foot to right side, drop right heel
- 27-28 Cross ball of left foot over right, drop left heel

SIDE ROCK TO RIGHT, CROSS STEP & SIDE STEP TRAVELING TO LEFT

- 29-30 Rock right to right side, rock weight back on to left
- 31-32 Cross step right over left, step left to left side

½ MONTEREY TURN, GRAPEVINE RIGHT WITH SCUFF

- 33-34 Touch right to right side, make ½ turn to right on ball of left foot stepping on to right
- 35-36 Touch left to left side, step left in place
- 37-40 Step right to right side, cross left behind right, step right to right side, scuff left forward

CROSS ROCKS, ¼ MONTEREY TURN TO RIGHT

- 41-42 Cross left over right and rock on to it, rock back on to right
- 43-44 Cross left over right and rock on to it, point right to right side
- 45-48 With weight on ball of left make ¼ turn to right stepping weight on to right, touch left to left side, step in place, clap

- 49-64 Repeat 33-48

REPEAT
