

Devil & Angel

拍數: 40 牆數: 4 級數: Intermediate west coast swing
編舞者: Glenda Ortiz Harney (USA)
音樂: Little Devil - John Michael Montgomery



TRIPLE RIGHT-STEP-PIVOT-TRIPLE LEFT-STEP-PIVOT

1&2 Triple forward right-left-right
3-4 Step forward left-pivot ½ to right (weight on right)
5&6 Triple forward left-right-left
7-8 Step forward right-pivot ½ to left (weight on left)

BACK-ROCK-TRIPLE RIGHT-STEP-QUARTER-HIPS-2

1-2 Rock back right throwing hip back-recover forward left throwing hip
3&4 Triple forward right-left-right
5-6 Step left-turn ¼ to right (weight on right)
7-8 Throw hips to left-throw hips to right

TRIPLE LEFT-STEP-PIVOT-TOUCH-CROSS-TOUCH-CROSS

1&2 Triple forward left-right-left
3-4 Step right-pivot ½ to left (weight on left)
5-6 Touch right to right side-cross step right over left
7-8 Touch left to left side-cross step left over right

HIP-HOLD-RIGHT SAILOR-LEFT SAILOR-STEP-PIVOT

1-2 Touch right to side throwing hip to right at the same time-hold
3&4 Right sailor (step right behind left-step left to left side-step right to right side)
5&6 Left sailor (step left behind right-step right to right side-step left to left side)
7-8 Step forward right-pivot ½ to left

TURN TRIPLE RIGHT-BACK-ROCK-TURN TRIPLE LEFT-BACK-ROCK

1&2 Triple right while turning ½ to left (right-left-right)
3-4 Rock back left-recover forward onto right
5&6 Triple left while turning ½ to right (left-right-left)
7-8 Rock back right-recover forward onto left

2 QUARTER MONTEREY TURNS

1-2 Touch right to right side-step on right turning ¼ to right
3-4 Touch left to left side-step left beside right
5-8 Repeat last 4 counts (¼ Monterey turn)

REPEAT
