

Destiny

拍數: 0 牆數: 4 級數: Improver
編舞者: Karen Looker (UK)
音樂: Bootylicious - Destiny's Child



Sequence: (Start after the words "I don't think they can handle this") AABA, A(counts 1-16), BAAB, AB

PART A

SIDE, BEND KNEES, CLOSE, BEND KNEES, SIDE, BEND KNEES, CLOSE, BEND KNEES (WITH ARM MOVEMENTS)

- 1-2 Step right foot to right side, bend knees twice while crossing hands in front of you twice at waist height
- 3-4 Step left foot next to right foot, bend knees twice pulling elbows into waist twice
- 5-6 Repeat steps 1-2
- 7-8 Repeat steps 3-4

VAUDEVILLE STEPS

- 9-10 Step left foot to left side, cross right foot behind left foot
- 11-12 Touch right heel diagonally forward right, step right foot beside left foot, cross left foot over right foot
- 13-14 Step right foot to right side, cross left foot behind right foot
- 15-16 Touch left heel diagonally forward left, step left foot beside right foot, cross right foot over left foot

SKATE STEPS, ¼ TURN SHUFFLE LEFT, PIVOT ½ TURN, RIGHT SHUFFLE

- 17-18 Swivel diagonally forward left on left foot, swivel diagonally forward right on right foot
- 19-20 Make ¼ turn to left, step forward on left foot, close right foot beside left foot, step forward on left foot
- 21-22 Step forward on right foot, pivot ½ turn
- 23-24 Step forward on right foot, close left foot beside right foot, step forward on right foot

DIAGONAL STEP LEFT, DIAGONAL STEP RIGHT

- 25-26 Step left foot diagonally forward left, close right foot beside left foot
- 27-28 Step right foot diagonally forward right, close left foot beside right foot

You can click your fingers when bringing the feet together and bump hips forward at the same time to add some attitude

HIP BUMPS

- 29& Bump hips up to right side, bend knees returning hips to center
- 30& Bump hips down to right side, straighten up returning hips to center
- 31& Bump hips up to right side, bend knees returning hips to center
- 32& Bump hips down to right side, straighten up returning hips to center

PART B

SIDE TOUCHES, SAILOR STEPS

- 1-2 Tap right toe to right side, tap right toe next to left foot, tap right toe to right side
- 3-4 Step right foot behind left foot, step left foot to left, step right foot to right
- 5-6 Tap left toe to left side, tap left toe next to right foot, tap left toe to left side
- 7-8 Step left foot behind right foot, step right foot to right, step left foot to left

RIGHT STEP LOCK STEP, PIVOT ½ TURN, SHIMMY

- 9-10 Step right foot forward, lock left foot behind right foot, step right foot forward

- 11-12 Step forward on left foot, pivot ½ turn
- 13-14 Step left foot next to right foot at the same time putting palms of hands on bottom - right then left
- 15-16 Shimmy keeping feet together - shaking shoulders and sliding hands down the sides of your body

17-32 Repeat steps 1-16 (with the exception of the last wall where the dance finishes on count 16)
When dancing the fourth A you should start B again after the Vaudeville steps - you will be facing Wall 4 (this will be at the beginning of the chorus). You need to quickly transfer your weight from the left foot to the right foot.
