

Don't Worry

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kathy Kazmarek
音樂: Three Little Birds - Sean Paul & Ziggy Marley



Dedicated to my little buddy Owen who gave me the music and said "number one's a cool song"

WALK, WALK, HALF TURN LEFT, STEP

1-2 Step right forward, step left forward
3&4 Step right forward, turn ½ left (weight to left), step right forward

STEP FORWARD, (ROCKING CHAIR) ROCK & ROCK & SCUFF

5 Step left forward
6&7&8 Rock right forward, recover to left, rock right back, recover to left, scuff right forward

SHUFFLE BACK, HALF TURN LEFT, SHUFFLE FORWARD

1&2 Shuffle back right, left, right
3&4 Turn ½ left and shuffle forward left, right, left

STEP SIDE, SAILOR STEP, STEP BEHIND, STEP ¼ TURN LEFT

5 Step right to side
6&7 Sailor step left, right, left
&8 Cross right behind left, turn ¼ left (weight to left)

HIP BUMPS RIGHT, HIP BUMPS ¼ TURN LEFT

1&2 Step right slightly forward and bump hips right, left, right
3&4 Turn ¼ left (weight to left) and bump hips left, right, left

STEP, KICK BALL CHANGE, SCUFF, HITCH

5 Step right forward
6&7 Kick left forward, step left together, step right in place
&8 Scuff left forward, hitch left

LOCK STEP BACK, LOCK STEP BACK

1&2 Step left back, lock right over left, step left back
3&4 Step right back, lock left over right, step right back

STEP OUT/OUT, STEP IN/IN, ¼ TURN LEFT

5-6 Step left to side, step right to side
7&8 Step left to home, step right together, turn ¼ left (weight to left)

REPEAT
