

Don't Waste The Music

COPPER KNOB
STEPSHETS

拍數: 0 牆數: 4 級數: Intermediate/Advanced
編舞者: Guyton Mundy (USA)
音樂: Dirrty - Christina Aguilera



Sequence: AAAAAA BB C AAA

PART A

SCUFF, CROSS, HITCH, ½ TURN, STEP, FORWARD SAILOR (TWICE)

1&2 Scuff right foot forward, cross right foot back over left, hitch right leg up beside left
3-4 Touch right foot behind left foot, do ½ turn to the right shifting weight to the right foot
5-6&7 Step forward on left, step right behind left, step side left, step forward right
8&1 Step left behind right, step side right, step forward on left

SCUFF, ½ TURN, SHOULDER BUMPS, FORWARD SAILOR, CROW STEPS

&2 Scuff right foot forward, make a ½ turn to left while stepping down on right
3&4 Shoulder bumps right, left, right, shifting your weight to the left on
5&6 Step right behind left, step side left, step forward right
7-8 Step left behind right, step right behind left, (when stepping back lift leg up and step behind)

CROW WALK, ¾ TURN, BACK STEP, DRAG, SHUFFLE, STEP, ½ TURN BODY POP

1-2 Lift left leg up and set behind right, ¾ turn to the left
3-4 Step back on left, drag right to left
5&6 Shuffle forward left, right, left
7&8 Step forward on right, bring left heel to right heel while doing a ¼ turn to the left, take right heel out to right while doing ¼ turn to left

TOUCH, STEP, TOE POINT, BEHIND, ½ TURN, SCUFF, STEP, STEP, BODY ROLL

1-2 Touch left foot back, step forward on left
&3-4 Point right toe out to right side, place right foot behind left, make ½ turn to right
5&6 Scuff left foot forward, step down on left, step together with right
7&8 Body roll down then up

PART B

WALK BACKS, FULL TURN, WALK FORWARD

1-2 Step right behind left, step left behind right
3-4 Step right behind left, place left behind right
5-6 Full turn to the left, step forward on right
7-8 Step forward on left, step forward on right

STEP, ROCK/RECOVER ½ TURN, STEP, FORWARD SAILOR (TWICE)

1-2 Step forward on left, rock forward on left (with knee bent)
3-4 Recover on right, with ¼ turn to right, ¼ turn to right while stepping on left
5&6 Step right behind left, step together with left, step forward on right
7&8 Step left behind right, step together with right, step forward on left

PART C

1 ½ WALK AROUND

1-2 Step back to right with right, ¼ turn to left stepping on left
3-4 ¼ turn to left stepping on right, ¼ turn to left stepping back on left
5-6 ¼ turn to left stepping on right, ¼ turn to left stepping back on left
7-8 ¼ turn to left stepping on right, step forward on left

WALKS, BODY ROLL

1-2 Step forward on right, step together with left

3-4 Body roll down, then up
