

Don't Tell Me

拍數: 64 牆數: 2 級數: Improver
編舞者: Ruth Gough (UK)
音樂: Don't Tell Me What to Do - Pam Tillis



POINTS & TOUCHES, CROSS BEHIND, UNWIND ½ TURN RIGHT

- 1-4 Point right foot to right side, touch in place, point right to right side, touch right toe in front of left
5-8 Point right foot to right side, cross right toe behind left foot, unwind ½ turn right, hold

POINTS & TOUCHES, CROSS BEHIND UNWIND ½ TURN LEFT

- 9-12 Point left foot to left side, touch in place, point left to left side, touch left toe in front of right
13-16 Point left foot to left side, cross left toe behind right foot, unwind ½ turn left, hold

TOE STRUT, CROSS STRUT, ROCK & CROSS

- 17-20 Step right toe to right side, drop right heel, cross left foot over right, drop left heel
21-24 Rock step right to right side, recover left, cross right over left, hold

TOE STRUT, CROSS STRUT, ROCK, ¼ TURN RIGHT, STEP FORWARD

- 25-28 Step left toe to left side, drop left heel, cross right foot over left, drop right heel
29-32 Rock step left to left side, recover right turning ¼ to right, step forward on left foot

PIVOT ½ TURN LEFT TWICE

- 33-36 Step forward on right foot, pivot ½ turn left, step forward right foot, pivot ½ turn left

HIP WALKS FORWARD

- 37-44 Step forward on right bumping hips forward twice, repeat on left, right, left

CROSS ROCK, WEAVE, ½ TURN, CROSS ROCK

- 45-48 Rock right over left, recover left, step right to right side, cross left over right
49-52 Step right to right side starting ½ turn left, step left to left side completing the turn, cross rock right over left, recover left

WEAVE RIGHT, ½ TURN, CROSS ROCK BEHIND

- 53-56 Step right to right side, cross left over right, step right to right side starting ½ turn left, step left to left side completing turn
57-60 Cross right over left, step left to left side, rock right behind left, recover left

ROCKS, ¼ TURN, ROCKS

- 61-64 Rock step right to right side, rock back on left turning ¼ turn right, rock back on right, rock forward on left

REPEAT
