

# Don't Stop Movin'

**COPPERKNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Cathy Ryan (IRE)  
音樂: Don't Stop Movin' - S Club 7



## **SYNCOPATED OUT OUT IN IN, ROLL HIPS RIGHT, ½ TURN RIGHT WITH 3 JUMPS**

1-3      Right foot out to right side, left foot out to left side, hold  
&4      Right foot in, left foot in beside right  
5-6      Roll hips to the right (optional hip or body roll)  
7&8      ½ turn to right jump 3 times with feet together (face back wall)

## **HITCH STEP SLIDE X 4**

&1-2      Hitch right foot on &, step back on right (diagonally right), slide left foot to right  
&3-4      Hitch left foot on &, step back on left (diagonally left), slide right foot to left  
&5-6      Hitch right foot on &, step back on right (diagonally right), slide left foot to right  
&7-8      Hitch left foot on &, step back on left (diagonally left), slide right foot to left

**Easier version of above is to take out the hitch and just do 4 step touches going backwards**

## **¼ TURN RIGHT WITH EXTENDED CHASSE, ¼ TURN LEFT WITH EXTENDED CHASSE**

1&2&3&4      ¼ turn to right (keeping right foot in front): right, left, right, left, right, left, right  
5&6&7&8      ¼ turn to left (keeping left foot in front): left, right, left, right, left, right, left (facing back wall)

**Optional arms - lasso, rolling fists, index fingers 'shooting' to side**

## **½ TURN RIGHT GOING BACK (WITH HOLD & SNAPS) TWICE, FULL TURN RIGHT IN PLACE**

1-2      On ball of left pivot ½ turn right stepping forward with right, hold weight on right & snap fingers  
3-4      On ball of right pivot ½ turn right with left, hold weight on left & snap fingers  
5-8      Full turn right in place with right, left, right, left

## **REPEAT**