

# Don't Stop Movin'

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Colleen Archer (AUS)  
音樂: Don't Stop Movin' - S Club 7



- 1-2            Step left back, rock forward onto right  
&3-4        Step left beside right, step right forward, turn ½ turn left (weight to left)  
5&6        Shuffle sideways right (right-left-right)  
7-8        Step left behind right, rock replace forward onto right (6:00)
- 9            Step left sideways left & turn body to face left diagonal  
**Bend arms at elbows keeping arms at waist height and swing arms back**  
10          Slide/step right up beside left, chug  
**Swing arms forward, elbows still bent**  
11&12       Shuffle to left (left-right-left)  
13&14       Kick right to front, step right beside left, point/touch left sideways left  
15-16       Touch left over right, turn ½ turn right and take weight onto left (12:00)
- 17-20       Walk forward right-left-right, touch left heel forward and click fingers  
21-22       Step left sideways left, touch right beside left and clap  
23-24       Step right sideways right, touch left beside right and clap (12:00)
- 25-28       Moving left turn full turn left stepping left-right-left, touch right beside left  
29-30       Rock/step right sideways right, rock/replace weight onto left  
31&32       Turn ¼ turn right and shuffle forward (right-left-right) (3:00)
- &33        Step left sideways left, step right sideways right  
34          Hold and clap  
&35        Step left back to left diagonal, touch right heel forward to right diagonal  
36          Hold and click fingers (both hands)  
&37        Step right to center, step left to center  
&38        Step right back to right diagonal, touch left heel forward to left diagonal  
&39        Step left to center, step right to center  
&40        Step left back to left diagonal, touch right heel forward to right diagonal (3:00)
- 41&42       Shuffle back (right-left-right)  
43-44       Step left back, rock forward onto right  
45-46       Step left forward, turn ½ turn right taking weight onto right  
47-48       Moving forward turn full turn right stepping left-right (9:00)
- 49-50       Step left forward, turn ¼ turn right replace weight on right  
51&52       Cross shuffle to right stepping left-right-left  
53-54       Stomp right sideways right, hold  
55&56       Cross shuffle to right stepping left-right-left (12:00)
- 57&58       Step right back, step left beside right, step/cross right over left  
59          Turn ¼ turn right and step left back  
60          Turn ¼ turn right and step right sideways right  
61          Step left forward to left diagonal  
**Bend elbows keeping arms at waist height, swing arms back**  
62          Slide right forward to touch beside left, clap

**Swing arms forward, chug**

63                    Step right forward to right diagonal

**Repeat arm movements as before**

64                    Slide left forward to touch beside right, clap (6:00)

**Swing arms forward, chug**

**REPEAT**

**RESTART**

During third vanilla which begins facing front wall, dance the first 20 counts (touch left heel forward & click fingers) as before then start fourth vanilla facing front wall

**TAG**

**Track 1**

After fifth vanilla which finishes facing front wall, dance as before to count 64, then repeat counts 61 to 64. Four chugs instead of two.

**Track 2**

After fifth, sixth and seventh vanillas, dance as before to count 64 then repeat counts 61 to 64. Four chugs instead of two.

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